

GULP — SAVE OUR SEAS

WAYS TO STOP TRASHING OCEANS
ON UN'S RIO+20 CONFERENCE AGENDA

PAGES 14-16



OTTAWA

metro

metronews.ca | twitter.com/metroottawa | facebook.com/metroottawa

Wednesday, June 20, 2012



News
worth
sharing.

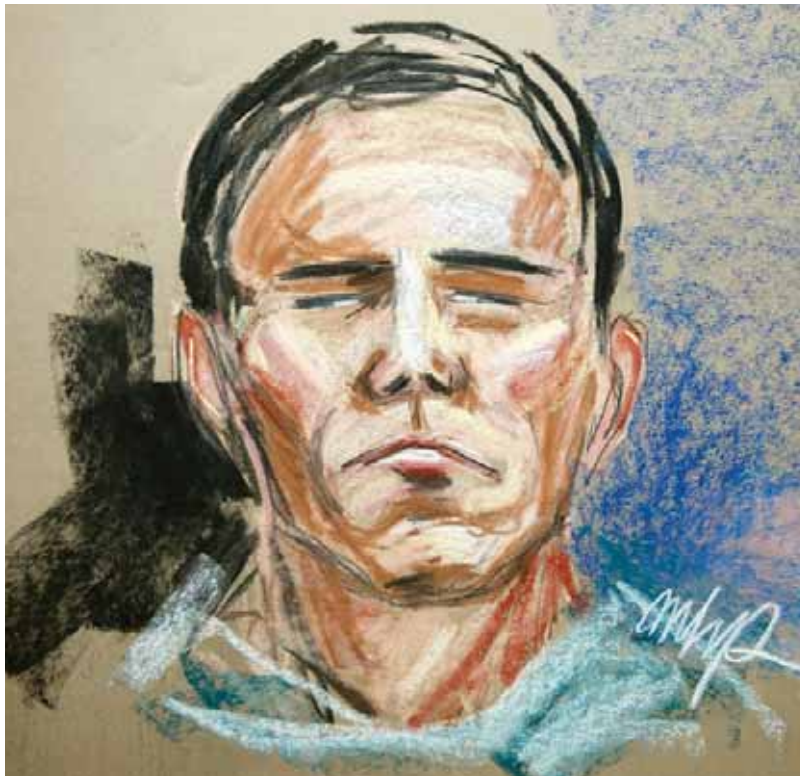
LALONDE Awnings

We offer custom made awnings to homes and businesses throughout the greater Ottawa area.

Think
AHEAD...
Beat the
HEAT
Under the
shade of
your awnings!



613-443-5434
www.lalondeawning.ca



MAGNOTTA PLEADS NOT GUILTY

Luka Magnotta, the Montreal suspect in the gruesome dismemberment-murder of Lin Jun, is seen in an artist's sketch during his video court appearance Tuesday in Montreal. Magnotta has pleaded not guilty. THE CANADIAN PRESS

Capital Hoedown lineup still not known, refunds promised

Cancellations.

Festival organizers say contracts won't let them spill lineup



JESSICA SMITH

jessica.smith@metronews.ca

Music fans looking for Capital Hoedown ticket refunds are pinning their hopes on getting cheques in the mail.

Denis Benoit, president and CEO of Capital Hoedown, released a statement to the media on Tuesday evening promising to refund fans who no longer want to attend the event.

Recently, several high-profile acts cancelled their performances and the venue

was changed.

"There has been misleading suggestions that refunds will not be available, and these false assumptions are completely untrue," he said. "We have honoured our commitment to the Ottawa community and our ticket buyers by issuing refunds to those not wanting to wait for the entertainment lineup to be re-announced."

"However, we can assure everyone that once the lineup is announced and can be disclosed there will be a lot of happy country music fans."

The current lineup is unknown, but artists Taylor Swift, Reba McEntire, Terri Clark and Sheryl Crow have all taken the Capital Hoedown off of their tour listings.

U.S. company Front Gate

Tickets, which was contracted by Capital Hoedown for customer service, is asking customers who want refunds to email their order ID number, name and mailing address to atsupport@fgtcustomerservice.com.

But the firm says all refunds will arrive by cheque directly from Capital Hoedown.

Samantha Hartley paid \$425 for two three-day passes. She called Front Gate Tickets for a refund on Tuesday, but she said she isn't confident she will be getting her money back.

"Supposedly I will get a cheque in two weeks," she said. "I can only hope for the best"

Follow Jessica Smith on
Twitter @jessicacatherine



RBC Royal Bank®

**Advisors available at your convenience.
By phone. In branch. At a coffee shop.**

Call **1-800-769-2511** to talk about your goals
and how to get there.

Advice you can bank on™



BELLEVILLE

324 North Front St.
(613) 969-0120

BROCKVILLE

2399 Parkdale Ave.
(613) 345-3161

CORNWALL

Cornwall Square
(613) 936-2083

GLOUCESTER

Gloucester City Centre
1980 Ogilvie Rd., Unit 136
(613) 842-7285

KANATA

Hazeldean Mall
(613) 271-1153

Kanata Centrum
Shopping Centre
(613) 599-9690

KINGSTON

Cataraqui Town Centre
(613) 634-9897

Kingston Centre
(613) 546-6043

122 Princess St.
(613) 549-0315

NEPEAN

130 Riocan Ave.
(613) 823-9240

ORLEANS

2020 Lanthier Dr., Unit E2
(613) 590-0289

OTTAWA

901 Carling Ave.
(613) 238-7533

104 Bank St.
(613) 230-0202

1465 Merivale Rd.
(613) 224-9222

205 Richmond Rd.
(613) 724-2674

1719 St. Laurent Blvd.
(613) 276-8585

PEMBROKE

670 Pembroke St. W
(613) 732-1602

1100 Pembroke St. E,
Unit 210
(613) 732-1602

3435A Petawawa Blvd.
(613) 732-1492

NEPEAN

Bayshore Shopping Centre
(613) 726-7665

OTTAWA

2121 Carling Ave., Unit 87
(613) 798-1946

1200 St. Laurent Blvd.,
Unit 248
(613) 746-8546

50 Rideau St., Unit 327C
(613) 232-4800

110 Place D'Orleans Blvd.,
Unit 290
(613) 590-2237

2269 Riverside Dr., Unit 44
(613) 737-2071

690 Bank St.
(613) 668-5499

BELLEVILLE

Quinte Mall
(613) 969-2130

Now is the time to get your dream phone.

HTC One™ X
with 3-yr. **FLEXtab** agreement
on select plans

\$99⁹⁹*

\$574⁹⁹
month-to-month

**OFFER ENDS
JUNE 30**

- The only HTC One™ with HD & LTE
- Amazing camera, lets you take a photo while shooting an HD video



Samsung Galaxy S II LTE™
with 3-yr. **FLEXtab** agreement
on select plans

\$49⁹⁹*

\$599⁹⁹
month-to-month

- Spectacular 4.5" Super AMOLED plus display
- Blazing connection speeds with LTE

Visit your local Rogers store today and find out how you
can get it on your terms with Rogers new **FLEXtab™**.

rogers.com/stores

CONNECT EXCITING + NETWORK TALK SHARE RELIABLE ACCESS LIFESTYLE NETWORK CHAT
TALK FRIENDS SURF LIFE TEXT FIRST FAST
CHAT ACCESS SURF FREEDOM EXCITING

Creating World-Leading
Internet Experiences.

ROGERS™

Heat wave puts vulnerable at risk, warn paramedics

The heat is on.

Temperatures are expected to soar to a humidex high of 44 C



GRAHAM LANKTREE
graham.lanktree@metronews.ca

The city is warning Ottawans to mind their health as temperatures are expected to hit a high of 44 C with the humidex Wednesday.

It comes during a city-wide heat-wave alert that could spell danger for those sensitive to the heat. "We are telling people not to go out in this heat," said Jean-Pierre Trottier of the Ottawa paramedic service. "We don't want people to stop their normal activities, but keep in mind that the heat can cause serious medical issues."

Within minutes a person suffering from heat exhaustion can slip into heat stroke, Trottier said. "After about 35 C with the humidex, things start getting more difficult even for healthy people."

"If the outdoor temperature is the same as your interior heat," he said, "you can't transfer the heat from inside your body to the outdoor air."

Beat the heat checklist

- **Hydration.** Drink plenty of fluids, preferably water and avoid caffeine and alcohol.
- **Exercise.** Avoid strenuous physical activity outdoors.
- **Exposure.** Avoid direct exposure to sun and seek shade at the first signs of heat exposure.
- **Attire.** Wear lightweight and loose clothing.
- **Indoors.** Spend at least two hours a day in an air-conditioned location.
- **Warning.** Never leave children, elderly or pets unattended in a car.

The elderly and children are especially vulnerable, Trottier said. He encourages people to check in on their elderly neighbours and for older folks to head to well-air-conditioned malls or libraries to cool down.

Parents need to keep an eye on children and give them plenty of breaks and plenty of shade, he added.



A heat wave in Ottawa, set to hit a humidex high of 44 C Wednesday, has paramedics warning Ottawans to avoid strenuous physical activity outdoors. GRAHAM LANKTREE/METRO

Police consider infant death 'suspicious'



Investigators go door to door in a Gatineau neighbourhood where a one-month-old baby died on Tuesday. JESSICA SMITH/METRO

Police are investigating the death of a one-month-old infant in Gatineau, which they are calling "suspicious."

"We have that responsibility," said Sgt. Jean Paul Le May.

"There's a one-month-old baby who died, we must have the answers of the circumstances of that death. We're investigating and in these type of investigations it must be taken as a suspicious

death."

Le May said police are investigating after someone made a medical call concerning the baby girl at about 3 a.m. Tuesday.

The baby was unconscious and efforts were made to resuscitate her.

A doctor pronounced the infant dead over an hour later, but an autopsy will determine the infant's time of death, he said.

Police will be interviewing people who were present at the time, and investigators began knocking on neighbours' doors on Tuesday afternoon.

JESSICA SMITH/METRO



For more local news visit metronews.ca/ottawa

A notice on Korean Air's website announcing the start of non-stop flights from Korea to Kenya sparked a flurry of angry tweets and Facebook posts earlier this week over the description of Kenyans as indigenous people full of "primitive energy." Scan the code for more.

Mobile news



On the web

'Octomom' facing home foreclosure

'Octomom' Nadya Suleman's California home was put up for auction Tuesday, but there were no bids, so it's been returned to the bank for foreclosure. Go to metronews.ca to learn more.



Laser Esthétique

We are Certified Laser Technicians

Trust only the experts!

All injections performed by a licensed physician

3161 Strandherd Dr at Woodroffe
613.825.7701

SUMMER SPECIALS

BOTOX & FILLERS

BOTOX: \$9 PER UNIT

FILLERS: 20% OFF

ALL LASER AND ESTHETIC PACKAGES 20% OFF

Laser Hair Removal • Skin Rejuvenation
Chemical Peels • Microdermabrasion • Botox & Fillers

Valid until July 31, 2012. Cannot be combined with any other offers.

NOW INTRODUCING:

Ideal Protein Weight Loss Protocol

Lose an average of 3 to 7 pounds a week

Preschool reunion will mark National Aboriginal Day

Picnic in the park. Makonsag Aboriginal Head Start to host potluck and games for former students



JESSICA SMITH
jessica.smith@metronews.ca

A preschool in Ottawa is hoping to rekindle old friendships with a 15-year reunion on National Aboriginal Day.

Former students of Makonsag Aboriginal Head Start and their families are invited to the reunion at Vincent Massey Park on June 21 for a potluck and games.

"We've been trying to reach families for the past month or so on Facebook and through word of mouth," said Anita Armstrong, the school's family co-ordinator. "They'll see old friends and meet new friends and meet our current staff."

"Hopefully, they'll be able to see that the program is still running amazingly well and it's still touching families in Ottawa and has just gotten better."

Makonsag Aboriginal Head Start began 15 years ago as an intervention program for kids with high needs, and has expended to help aboriginal families in Ottawa keep in touch with their traditions and with each other, she said. On Tuesday, students at the preschool munched on bannock and then practised a hoop dance.

The potluck, from 4 p.m. to 7 p.m. at Vincent Massey Park will be followed by numerous National Aboriginal Day activities including the Summer Solstice Aboriginal Arts Festival 2nd Annual Competition Pow Wow. Former students and their families are invited to contact Anita Armstrong at 613-724-5844.

Follow Jessica Smith on
Twitter @jessicacatherine



Students at Makonsag Aboriginal Head Start have a snack of bannock on Tuesday. JESSICA SMITH/METRO

Green party leader plays quiz master to Tories on C-38

Playing quiz master on Parliament Hill Tuesday, Green party Leader Elizabeth May challenged Tory MPs to take a test to show how much they know about the omnibus budget Bill C-38.

"You have to be familiar with the act to get a passing grade," said May of the six question, open-book, multiple-choice test, adding that it would take 15 to 20 minutes to complete the quiz.

"I do not expect MPs to have memorized the bill, but if they are not famil-

iar with the legislation, they will find it difficult to achieve a good score."

The only MP who showed up to take the test, Independent Thunder Bay-Superior North representative Bruce Hyer, received a perfect score. "I had to look up a number of the answers," said Hyer thumbing through a copy of the bill that May provided for MPs to reference during the test, "but I thought I would do really well."

Hyer's high score means

Quoted

"You have to be familiar with the act to get a passing grade."

Green party Leader Elizabeth May

that May will plant a tree in a place of his choosing and Hyer said he will ask her to plant a red pine in his riding to draw attention to the plight of the nearby boreal forest.

Critics of the bill say it will greatly weaken environmental protection. They also charge that it tries to address too many disparate issues, rather than breaking them down into separate bills.

May thought up the idea for the quiz after she spotted Conservative MPs playing solitaire during a voting marathon last week that shot down more than 700 amendments to the bill, she said.

GRAHAM LANKTREE/METRO



Green Leader Elizabeth May poses with a quiz she challenged Tory MPs to take in order to prove their knowledge of omnibus budget Bill C-38. GRAHAM LANKTREE/METRO

Get LASIK, a one-time investment in your vision.

LASER VISION CORRECTION starting at

\$490 /eye*

LOWEST PRICE GUARANTEE

IntraLase SBK Available

Find out how much you can save on vision care by having LASIK now!
Visit lasikmd.com/calculator

LASIK MD
VISION

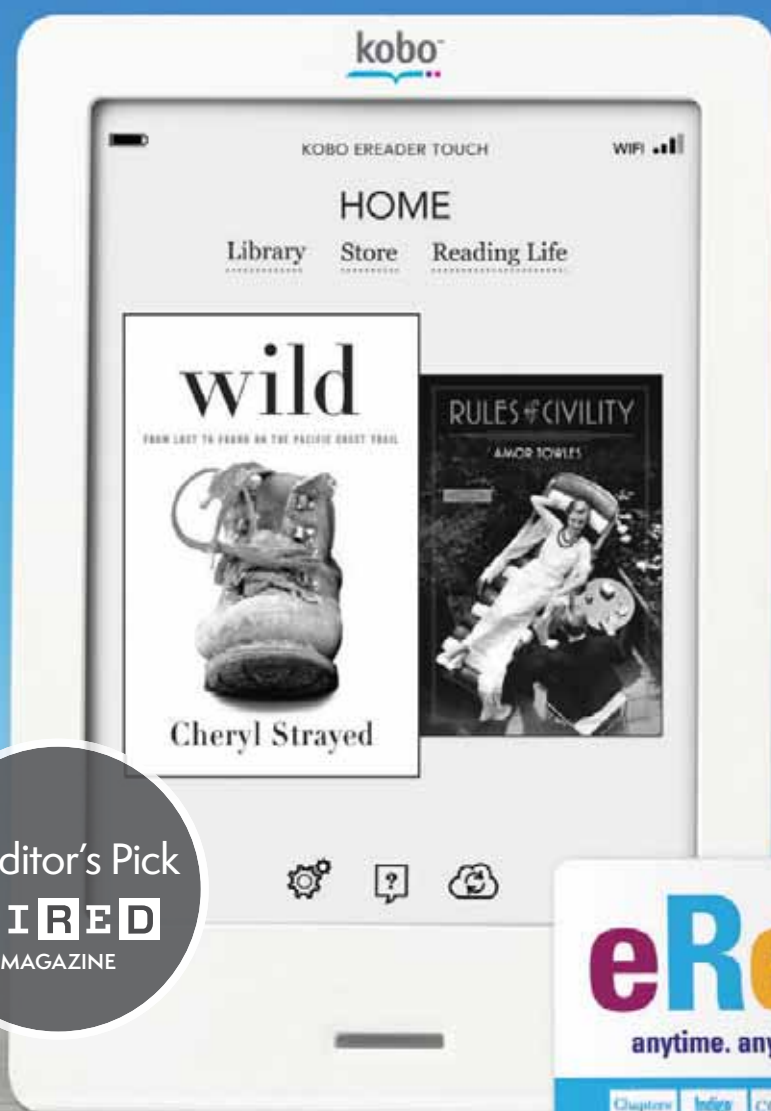
FREE Consultation
1-877-769-3030
www.lasikmd.com

OTTAWA
Minto Place
427 Laurier Ave. West

CONSUMER CHOICE AWARD 2011
2 YEAR WARRANTY

*Prices are subject to change without prior notice and vary based on prescription strength. Custom LASIK at \$1,990/eye. Applicable to surgery on both eyes only. Other conditions may apply.

The smartest gift for Teachers and Grads!



Kobo Touch™ eReader
+
\$10 Indigo Giftcard

only **\$99***

#1 Editor's Pick
WIRED
MAGAZINE



Indigo
Enrich your life

[f](#) [t](#) [p](#) /chaptersindigo

*Offer valid until June 30, 2012. Additional restrictions may apply. "Kobo is a trademark of Kobo Inc.

Should we just chuck all recyclables in one box?

30-Year Waste Plan, Phase 2. Environment committee mulls move to make recycling more appealing with 'single-stream recycling'



JOE LOFARO
joe.lofaro@metronews.ca

The City of Ottawa is looking at combining the blue box and black box into one bin in which residents can discard their recyclables.

City councillors discussed trying it out in Ottawa, during an environment committee meeting Tuesday.

The committee tabled Phase 2 of Ottawa's 30-Year Waste Plan discussion paper.

Before anything goes forward, the city wants the public to weigh in on the idea of "single-stream recycling."

ling."

The cost of collecting combined recycling would be cheaper, but processing it at a sorting plant would be more expensive, said Marilyn Journeaux, the city's manager of solid-waste services.

"So the question then becomes 'Is it worth the convenience of co-mingling those items?'" said Maria McRae, committee chair. "Are we willing to see those fees go up for that kind of recycling?"

The paper suggests a pilot project to test single-stream recycling and to improve recycling in apartment buildings.

Residents can provide feedback on a soon-to-be-posted online questionnaire and consultation events will also be held in September before final recommendations are tabled in October.

Follow Joe Lofaro on Twitter @giuseppelo



What it will cost

- According to the discussion paper, the move to a single recycling box increases the city's costs by \$16 per tonne to \$92 per tonne.
- Another move aimed at increasing recycling by installing recycling boxes in public spaces such as parks and bus stops could cost as much as \$2.7 million.



Animal-rights group feeling blue over feds' omnibus bill

Members of PETA, who painted themselves blue to represent the Earth's oceans, protest omnibus Bill C-38 on Parliament Hill on Tuesday, urging people to adopt a vegan lifestyle, to be more environmentally friendly and to counter moves in the bill that the group says harm the environment.

SEAN KILPATRICK/THE CANADIAN PRESS

Ottawa River. City sewage overflows dumping less untreated waste: Report

Ottawa has managed to steadily reduce the volume of combined sewer overflow (CSO) since 2006, the city's environment committee heard Tuesday.

Michel Chevalier, manager of wastewater services, delivered the 2011 Wastewater Annual Compliance Report to the committee, highlighting the fact that from 2006 to 2011, levels of raw sewage spilling into our waterways have decreased

significantly.

In 2006, the volume of CSO per millimetre of rain hovered just below 1,500 cubic metres, the report said. That number fell to about 400 cubic metres in 2011.

CSO has been a hot issue for municipal and provincial politicians in Ottawa for years, in part because of the raw sewage that spills into the Ottawa River each year. **JOE LOFARO/METRO**

Positive feedback. Most customers like new water meters, survey finds

Some 65 per cent of the city's new water meters have been installed across Ottawa, and city staff say the response from customers so far has been mostly positive.

About 121,000 meters from Itron Canada Inc. have been deployed. The meters are said to deliver more accurate readings based on actual consumption as op-

posed to estimates.

Also, the meters, which use radio-frequency technology, give staff up-to-the-hour knowledge of drinking-water consumption.

At Tuesday's environment-committee meeting, staff said 91.2 per cent of respondents in a phone survey said they were satisfied with the product and installation. **JOE LOFARO/METRO**

Keep cats playing strong with new Iams Senior Plus.



Iams Senior Plus for cats 11 and older. With 2x the antioxidants,** it helps restore the immune response to that of an adult cat. And it helps fight signs of aging.

*IAMS CAT FOODS OFFER A 100% SATISFACTION GUARANTEE. Questions? Comments? Call us at 1-877-894-4458. If you are not satisfied with this product, simply save the unused portion, together with the proof of purchase, and call us. We will gladly replace the product or refund your money.
**vs Iams Original or Iams Adult.

Available at
Walmart
Save money. Live better.

Human trafficking case

Pimping victim given ecstasy, cops allege

One of the 15-year-old girls accused of running a prostitution ring in Ottawa allegedly gave a 13-year-old victim ecstasy, court documents say.

The teen, who appeared in court Tuesday, is charged with numerous offences, including human trafficking, sexual assault, living off the avails of prostitution and administering a stupefying substance, which the documents say was ecstasy.

The charges show that offence is against the third victim, who police have said is 13 years old.

The three suspects in the case have made initial court appearances, but so far none have had a bail hearing. **JESSICA SMITH/METRO**

Survey says

Ottawa 115th in worldwide cost-of-living study

In a worldwide cost-of-living survey, Ottawa ranked 115th making it the least expensive Canadian city to live in of those observed.

Toronto in 61st place is the most expensive, followed by Vancouver in 63rd place, Montreal in 87th and Calgary in 92nd.

The least expensive city in the world according to the survey is Karachi in 214th place. The most expensive is Tokyo.

NOURAN ABDELLATIF/FOR METRO

Funny people rally to help ailing comedian



Comedian Mike MacDonald, who is now ill with hepatitis C and in need of a liver transplant, is shown in this 2008 photo performing for Canadian troops at Kandahar Airfield in Afghanistan on Canada Day. Across Canada, comedy clubs have organized fundraisers on Thursday to help MacDonald with his medical bills, and Mayor Jim Watson has proclaimed Thursday Mike MacDonald Day. **ALEXANDER PANETTA/THE CANADIAN PRESS**

Fundraisers. Mayor declares Thursday Mike MacDonald Day in honour of comic battling hepatitis C and bipolar disorder

Canadians from coast to coast will be laughing in honour of Ottawa comedian Mike MacDonald on Thursday.

Mayor Jim Watson proclaimed June 21, 2012 — MacDonald's 57th birthday — Mike MacDonald Day in recognition of his work as a comedian and an advocate for mental health and hepatitis C.

The campaign to get MacDonald recognized was spearheaded by an old high school friend, Chris Johnston. The proclamation comes just in time for the fundraisers being held on the same day, including Vancouver, Edmonton, Saskatoon and Ottawa, to help with MacDonald's medical bills.

"My brother can't believe the outpouring of love," said MacDonald's younger brother J.P. "That's the kind of support he needs."

MacDonald shared the story of his hepatitis C diagnosis on Facebook.

"I took the news as best I could and I continued to try to earn a living performing anywhere I could in Canada — hoping and dreaming for a financial break in other side projects," said MacDonald in his post. "Unfortunately it was

Benefit shows

Benefit shows on Thursday, Mike MacDonald Day

- **Yuk Yuk's, 8 p.m.** Tickets at the box office or 613-236-5233. Comics: Lawrence Morgenstern, Graham Kay and Bobby Mair. Trevor Thompson, Martha Chaves, Dave McConnell, Peter Grunstra and Alex Wood

- **Absolute Comedy, 8:30 p.m.** Tickets 613-233-8000. Comics: Rick Currie, Mike Beatty, Alex Wood, Lumar Williams, Matt Billon, Geoff MacKay and Greg Schroder.

already an uphill battle."

MacDonald was diagnosed with bipolar disorder 20 years ago and went public with it. J.P. says it was "groundbreaking" at a time when mental illness was a curse and there weren't as many advocates for mental health as there are today.

Now that MacDonald has another cause to fight for, competing comedy clubs are supporting one of Canada's leading comedians with a series of benefit comedy shows.

"Physically he's weak but mentally he's very strong," said J.P. "I know my big brother. When he's better, he's going to give back a hundred-fold."

NOURAN ABDELLATIF/FOR METRO

SIDEWALK SALE JUNE 12 – 23

Discover the difference!

Free Underground Parking weekdays after 5:00 pm and all-day on weekends



Découvrir la différence!

Stationnement souterrain gratuit après 17 h en semaine et toute la journée les fins de semaine



APPLETREE MEDICAL • BENTONS
SPARKS DENTAL CLINIC • ELISA G
MARCELLO'S MARKET & DELI
MERHI QUALITY SHOE REPAIR
SHEAR HEAVEN • JIMMY THE GREEK
TIMOTHY'S • CAFÉ FORÊT
HOLT RENFREW • REXALL
HILLARY'S • LCBO
FAIRWEATHER • LUNCH
SUBWAY • ASIAN GOURMET
TERIYAKI EXPERIENCE

WWW.240SPARKS.COM

VENTE DE TROTTOIR 12 – 23 JUIN

Magnotta pleads not guilty in his first court appearance

Body-parts case.

One day after arriving from Germany, accused killer is impassive in video link

Luka Rocco Magnotta has pleaded not guilty in the body-parts case, appearing calm Tuesday in his first court session.

Projected into the Montreal courtroom by video link, Magnotta protested his innocence in the slaying-and-dismemberment case that has drawn world attention.

His appearance lasted about three minutes.

Magnotta was impassive as he appeared onscreen at the courthouse.

Actually, he was standing at a police station in a different part of the city, flanked by a guard.

The 29-year-old murder suspect had arrived in

Canada the previous day, shackled as he was returned from Germany aboard a military plane.

Magnotta, a self-described porn actor and prostitute, faces five charges, including first-degree murder, defiling a corpse, and harassing Prime Minister Stephen Harper and members of Parliament, as well as publishing and mailing obscene material.

He is accused of killing and dismembering Montreal university student Jun Lin, mailing out his body parts to different places, including the Ottawa offices of the Conservative Party of Canada, and posting a video of the events on the Internet.

Appearing before Justice Lori-Renee Weitzman, Magnotta pleaded not guilty through his lawyer Pierre Panaccio.

The case returns to court on Thursday, again by video, to discuss a motion to have Magnotta evaluated.

THE CANADIAN PRESS



Facing justice: Luka Rocco Magnotta sits in a van in Mirabel, Que., after arriving from Germany Monday. MONTREAL POLICE/THE CANADIAN PRESS

Don't go into the PSC Oral Test blind.

Attend our free workshop,
Understanding the PSC Oral Proficiency Test.

Discover how the PSC evaluates you and what you need to do.

Register at:
www.KnowledgeCircle.ca/workshops

Knowledge Circle
PROFESSIONAL • STRUCTURED • SUCCESSFUL • LANGUAGE TRAINING

613.233.2112 • www.KnowledgeCircle.ca

Shop Til You Drop USA

DEPARTING:
SEPTEMBER 1, OCTOBER 6, NOVEMBER 10
AND BLACK FRIDAY NOVEMBER 22

3 days 2 nights, only \$309 – \$319 per person
based on double occupancy + taxes (\$30)



- Shop Woodbury Common one of the largest factory outlets in the U.S.
- Shop the Big Centers at Galleria at Crystal Run and Carousel Mall
- Shop discount stores such as Kohl's

Your shop til you drop holiday includes:
round trip transportation via deluxe chartered coach, 2 nights accommodation, transportation to shopping and the services of a Travac host.

BOOK EARLY!
Travac's getaway shopping weekends often sell out months in advance.

For reservations contact:

Travac Tours
Since 1973

Westgate Mall, 1309 Carling Avenue, Ottawa

(613) 728-1934

www.travactours.com

Report shows wait times worsening

Wait Times report. Decline in performance in imaging, hip and knee replacement, radiation for cancer, heart bypass & cataract surgery

After several years of progress,

it appears some provinces are slipping in their quest to reduce the time it takes to receive a number of benchmark medical treatments.

Part of the slide can be attributed to hospitals being overcrowded by elderly patients with dementia — a problem that can only get worse as the population ages, said a report from the Wait Times Alliance issued Tuesday.

Longer waits for key services

“Although some provinces have shown improvement, the overall results point toward lengthier waits.”

Report from the Wait Times Alliance.

“Canada needs a national dementia strategy that formally integrates the func-

tions of primary care, specialist care and home-care services with a strong focus on keeping seniors in the community, out of the emergency department and out of hospital,” the alliance recommended. It showed a decline in performance for patients in the five priority areas: imaging, hip and knee replacement, radiation for cancer, cataract and heart bypass surgery. **THE CANADIAN PRESS**



Patients line up at the emergency room at Montreal's Sacre Coeur Hospital. A report released Tuesday says there's been a slide backward on wait times, partly because of overcrowded hospitals. **PAUL CHIASSON/THE CANADIAN PRESS**

Greece. Coalition government could take over by Wednesday

A coalition government could be formed by mid-Wednesday in Greece, the head of the country's socialist party said Tuesday, easing the nation out of a political limbo as it struggles to deal with a financial crisis that is already affecting Europe's economy and markets around the world.

Evangelos Venizelos' socialist PASOK party came third in Sunday's elections. At the core of any administration will be Antonis Samaras' conservative New Democracy party, which came first in Sunday's vote and won 129 of Parliament's 300 seats — short of the 151 needed to govern alone.

Venizelos, who handled Greece's negotiations with its international creditors for several months last year as finance minister, said the government would have the support of the election winner, PASOK and the small Democratic Left party of Fotis Kouvelis, which won 17 seats.



A woman walks next to graffiti in central Athens on Tuesday. A coalition government could be formed by Wednesday. **AP PHOTO**

His party, he said, “will support this government sincerely and will participate in it in the most beneficial way in order to make it effective and credible.”

PASOK would convene its deputies Wednesday morning to define exactly how the party would participate in the government, he said.

THE ASSOCIATED PRESS

Norway

Breivik says his trial shouldn't focus on his sanity

Confessed Norwegian mass killer Anders Behring Breivik says his trial has centred too much on his mental state, and should instead focus on those who lost their lives and politics.

The anti-Muslim fanatic, who killed 77 people last year in a bomb attack and shooting spree, has admitted to the killings but denies criminal guilt because he considers the victims traitors to Norway for supporting immigration. Breivik said Tuesday the trial should focus on the “political reasons” for his attacks.

THE ASSOCIATED PRESS

Human rights

Five Congo rebel leaders may be responsible for war crimes: UN

The UN's top human-rights official on Tuesday named five Congo rebel leaders who she says may be responsible for war crimes, a rare step prompted by concerns that their group — known as M23 — could continue to rape and kill civilians in the east of the country. Navi Pillay, the UN High Commissioner for Human Rights, frequently speaks out about serious abuses being committed around the world, but it is unusual for her to single out individuals unless they are suspected of being responsible for atrocities.

THE ASSOCIATED PRESS

TD Canada Trust

Reason to switch #5:

An all-inclusive account for all my banking needs



Switch & get up to **\$250¹**

Switch to our Select Service chequing account. It covers virtually all of your banking needs, including unlimited transactions, for a flat monthly fee.

www.tdcanadatrust.com/switch • 1-866-832-1478



Banking can be this comfortable



¹ Offer available May 14 — July 20, 2012 but may be changed, extended or withdrawn at any time without notice. Conditions apply. See us for details. ©/ The TD logo and other trade-marks are the property of The Toronto-Dominion Bank or a wholly-owned subsidiary, in Canada and/or other countries.

Hosni Mubarak on life support, adding to uncertainty in Egypt

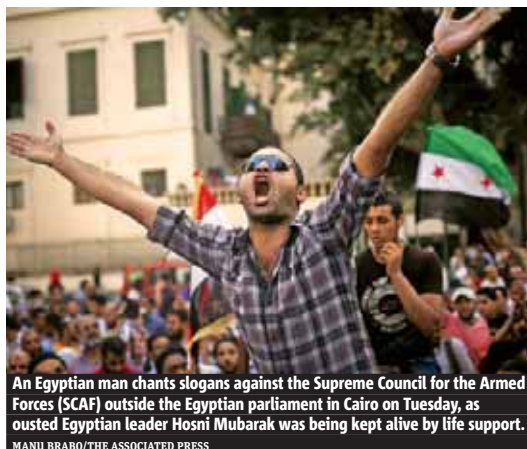
Crisis in Cairo.

Questions arise over former leader's successor — and whether the position still holds power

Egypt's Hosni Mubarak was being kept alive by life support after he was rushed from prison to a military hospital in a rapidly worsening condition, officials said. The 84-year-old ousted leader's health crisis added a new element of uncertainty just as a potentially explosive fight opened over who will succeed him.

The state news agency MENA said Mubarak was "clinically dead" when he arrived at the hospital and that doctors used a defibrillator on him several times. It initially said the efforts were not successful.

But the official said Mubarak was put on life support. He had no further details on his condition. The official spoke on condition of anonymity because he was not authorized to talk to the press.



The developments add further layers to what is threatening to become a new chapter of unrest and political power struggles in Egypt, 16 months after Mubarak was ousted by a popular uprising demanding democracy. Egyptians were uncertain about Mubarak's fate, about who will succeed him and about whether his successor will have any power.

The campaign of Mubarak's

former prime minister, Ahmed Shafiq, said Tuesday he has won Egypt's presidential election, countering the Muslim Brotherhood's claim of victory for its candidate, Mohammed Morsi.

The election commission is to announce the official final results on Thursday and no matter who it names as victor, his rival is likely to reject the result as a fraud. If



Hosni Mubarak THE ASSOCIATED PRESS

Shafiq is declared winner in particular, it could spark an explosive backlash from the Brotherhood.

The Brotherhood, Egypt's most powerful political group, is already escalating its challenge against the ruling military over the generals' move this week to give themselves overwhelming authority over the next president.

Some 50,000 protesters, mostly Islamists, massed in Cairo's Tahrir Square on Tuesday evening chanting slogans in support of Morsi and denouncing the generals' power grab.

THE ASSOCIATED PRESS

Syria. Government ready to evacuate besieged Homs

Syria's government said Tuesday it was ready to act on a UN call to evacuate civilians trapped in the rebellious central city of Homs for more than a week, but blamed rebels for obstructing efforts to get them out.

Maj.-Gen. Robert Mood, chief of the UN observer mission in the country, has demanded that all warring parties in the conflict allow safe passage for women, children and sick people who need to leave the city and other combat zones.

Activists said shelling and clashes between rebel fighters and troops in Homs continued unabated Tuesday, underlining the difficulty in organizing any sort of evacuation. Fierce shelling was reported on the rebel-held districts of Khaldiyyeh and Jouret el-Shayeh and nearby areas. Troops backed by helicopter gunships were also bombarding the town of Rastan, north of Homs, which is controlled by rebels.

The Britain-based Syrian Observatory for Human Rights reiterated an urgent appeal for world leaders to intervene to stop the shelling that has trapped more than

Trapped

Activists say around 1,000 families have been trapped by ongoing government assaults in Homs.

- The UN said Saturday its 300 observers based in Syria were suspending all missions because of concerns for their safety after fighting intensified over the previous 10 days.

1,000 families and "the systematic killings that the Syrian people in Homs are being subjected to."

A Foreign Ministry statement carried by state-run news agency SANA said the government has contacted the UN observer mission and local authorities in Homs to start efforts to bring out the trapped civilians.

"But the efforts of the UN monitors' mission failed in achieving this goal because of the armed terrorist groups' obstructions," the statement said. It charged that armed groups were using innocent civilians as "human shields."

THE ASSOCIATED PRESS



THE WHALESBONE OYSTER HOUSE PRESENTS

THE 5TH ANNUAL

BYTOWNE OYSTERFEST

OYSTERS / FISH BURGERS / REFRESHMENTS / MUSIC / SHUCKING

SUNDAY JUNE 24TH, 2012

12-11PM • 504-A KENT ST. AT ARLINGTON

TICKETS AVAILABLE AT THE GATE OR AT THE OYSTERHOUSE, 430 BANK ST, OR THE FISH SHOP, 504 KENT ST.

THE WHALESBONE
SUSTAINABLE OYSTER & FISH SUPPLY

THE WHALESBONE
CATERING



CHEF'S CUP SHUCKOFF

A CHALLENGE TO PLATE A DOZEN OYSTERS IN A RACE AGAINST THE CLOCK, AND WALK AWAY TRIUMPHANT WITH ALL TEN DIGITS INTACT



★ AND FEATURING ★

LIVE MUSICAL PERFORMANCES BY
THE DEVILLAIREs
THE OCCUPATIONAL SIDE EFFECTS
THE FLAPS
PHIL MOTION & THE EASY LO-FI
AND MORE

On stilts no less! 150 years before Nik Wallenda there was daredevil Charles Blondin

One 150 years before wire walker Nik Wallenda crossed Niagara Falls, a Victoria, B.C., woman's relative was walking a tightrope across the Niagara Gorge — on stilts.

"He did it on a hemp rope," said Linda Seabrook, the great-great-granddaughter of daredevil Charles Blondin.

Wallenda made the crossing in Niagara Falls last Friday to televised audience of millions.

Despite his protests, he was strapped to the wire with a harness at the request of ABC television.

Seabrook says that, unlike Wallenda, her ancestor walked across the Niagara River without a safety net multiple times.

She says he was best known for his theatrics on the tightrope.

He once made the crossing blindfolded. Another time he carried his manager on his back. He even cooked an entire omelette, and ate it while sitting down on the rope.

ELIZABETH HAMES/FOR METRO



Charles Blondin carrying his manager, Harry Colcord, on a tightrope. COURTESY OF CREATIVE COMMONS

'The Great Blondin'

He was born in 1840s France as Jean-Francois Gravelet, but he adopted Charles Blondin as his stage name. Blondin's parents enrolled him in an acrobatics school.

- Seabrook said the daredevil gene hasn't descended to her. She is an accountant.
- Touring he became "The Great Blondin."



Healthy ice cream for dogs

Paolo, right, serves Kiyoko ice cream in a pet shop in Rome on Monday. Gelato for dogs contains no milk products harmful to canines. With temperatures in Rome topping 36 C, dogs are lapping up the icy treat from pet supply stores. ANDREW MEDICINI/THE ASSOCIATED PRESS

Berlin. Dutch man who claimed memory loss faces fraud investigation

Tough times may be ahead for the Dutch man who claimed for months he was a teenager with memory loss who had been living in woods outside Berlin.

Police said Tuesday they've opened a fraud investigation against Robin van Helsum. Berlin youth authorities are tallying the costs of nine months care and want it back.

Van Helsum's story fell apart last week after he was identified from a photograph police put out.

He admitted fabricating a story his parents were dead and not knowing who he was. THE ASSOCIATED PRESS



This photo from the Berlin police shows a teen who claimed he lived in the forest and had memory loss. THE ASSOCIATED PRESS

Romanian PM

Plagiarism charge

Romania's prime minister Victor Ponta is said to have copied large swaths of his doctoral thesis without proper attribution. About half was plagiarized, says Nature magazine. THE ASSOCIATED PRESS

Banned: against Islam

Malaysia bans Canadian's book

A Borders bookstore manager in Malaysia has been charged with distributing a Canadian writer's book that was banned. The book is Allah, Liberty and Love. THE ASSOCIATED PRESS

FOR YOUR ORAL CARE ESSENTIALS VISIT YOUR LOCAL WALMART



Crest Extra White Plus Scope Outlast toothpaste fights cavities. Yes, brushing alone with a regular anticavity toothpaste.



Crest 3D White Vivid paste fights cavities. ** When the products shown are used together.



*On teeth with regular combined use of all products shown vs. using a regular manual toothbrush and regular anticavity toothpaste. Crest® Pro-Health® Multi-Protection Rinse helps prevent gingivitis. Crest® Pro-Health® Toothpaste fights cavities, tartar, plaque and gingivitis and treats tooth sensitivity. To ensure these products are right for you, always read and follow the label.

Trust Crest, Oral-B and Scope to provide products to help you get a healthy looking, fresh smile.

Available at
Walmart
Save money. Live better.

Freed: student whose webcam spied on a gay kiss

Rutgers University tragedy. Student who was 'outed' killed himself soon after, sparking furor over gay bullying

An Indian-born former university student who was convicted of webcam spying that led to a suicide was released from jail Tuesday.

Dharun Ravi, 20, a former Rutgers University student, had served 20 days of a 30-day sentence.

Ravi's webcam caught roommate Tyler Clementi kissing another man.

Ravi told others about it in person, in texts, instant messages and tweets.

Days later, Clementi, 18, committed suicide.

The case sparked a furor over gay bullying.



Webcam spy Dharun Ravi walks out of jail in New Brunswick, N.J., on Tuesday.

MEL EVANS/THE ASSOCIATED PRESS

Ravi was not charged with the death, but he was convicted earlier this year of 15 criminal counts.

The 30 days in jail was far less than the 10-year prison sentence Ravi could have received.

He still faces three years of probation, plus more than \$11,000 in fines and assessments, 300 hours of community service and counselling.

Federal immigration authorities said Monday that Ravi will not be deported to his native India. He lived there until he was five years old and remains a citizen, though he is in the United States legally.

Foreign citizens convicted of crimes in the U.S. can face deportation — usually after they complete their prison or jail terms.

Ravi's supporters, particularly from the Indian community, argued for leniency in part to make it less likely that he would be deported.

Ravi reported to jail in New Jersey on May 31, though he could have remained free while his case is appealed. He did not stop to speak with the media when he was released.

THE ASSOCIATED PRESS



It's hard enough to find a parking spot ...

This car was surely the owner's pride and joy. Not anymore. It's now just a crumpled corpse on a front lawn in West St. Paul, Minn., after a large tree was upended by high winds and fell on it early Tuesday. It happened as thunderstorm roared in and cut power to 60,000 people.

JASON A. COOK/ST. PAUL PIONEER PRESS/THE ASSOCIATED PRESS

Shooting rampage

His beard barred from murder trial

A U.S. army psychiatrist charged in a deadly shooting rampage at Fort Hood, Texas, was barred from military court Tuesday because he has a beard.

Maj. Nidal Hasan faces the death penalty if convicted of 13 counts of premeditated murder.

THE ASSOCIATED PRESS

New constitution

Haitians abroad boosted at home

A new constitution that took effect Tuesday gives two million Haitians living abroad more rights in their homeland, including the ability to run for some posts in government.

The amendments also pave the way for new Senate elections.

THE ASSOCIATED PRESS

Pacific drama

Runaway boats dump pot haul

The U.S. navy says an aircraft carrier group recovered about 19 tons of marijuana dumped from two small boats in the Pacific Ocean near California's border with Mexico.

The boats escaped before authorities arrived.

THE ASSOCIATED PRESS

NEW febreze CAR

Breathe Happy. Drive Happy.

TEST-DRIVE

THE LATEST IN AIR FRESHENER SOLUTIONS

Available at **Walmart**

Save money. Live better.

Suu Kyi says time alone won't heal Myanmar

London visit. Opposition leader says country's progress depends on acknowledging the wrongs of the past

Myanmar opposition leader Aung San Suu Kyi celebrated her 67th birthday Tuesday at the start of a weeklong visit to Britain, telling hundreds of students and academics that time alone will not heal the wounds of her country.

Suu Kyi's first public event was a debate at the London School of Economics on how Myanmar can move to the rule of law, a reminder of the tough road ahead for the leader of the Southeast Asian country's reform movement.

She said that "the progress that we hope to make with regard to democratization and



Myanmar opposition leader Aung San Suu Kyi.
THE ASSOCIATED PRESS

reform depends so much on an understanding of the importance of the rule of law."

"Unless we can amend the constitution to harmonize with the aspirations of all the people in our country, we will never be able to bring about the kind of unity and peace that we all desire," she said.

Suu Kyi, who is on her

first overseas trip since 1988, received a standing ovation as she took the stage during the panel discussion. Most in the crowd had come to hear her speak. But she listened intently to the academics and lawyers who appeared alongside her.

Suu Kyi has a long association with Britain, but she has not visited for 24 years. She spent much of that time under house arrest in Myanmar.

On Wednesday, Oxford University will present her with an honorary degree that it awarded in 1993 but that she was not free to collect.

Suu Kyi was kept under house arrest by Myanmar's rulers for 15 years, and was freed in 2010. She decided to visit Europe after the Myanmar government assured her that she will not be blocked from returning home.

THE ASSOCIATED PRESS



Lowest Rate Guarantee

No matter where you call, what rate you pay, we'll beat it!

Australia 1.9¢/min	Bangladesh 3.9¢/min	Bosnia 13.9¢/min	China 1.4¢/min	Colombia 3.9¢/min	Cuba 88.9¢/min
Egypt 5.9¢/min	France 1.9¢/min	Germany 1.9¢/min	India 0.9¢/min	Lebanon 7.9¢/min	Mexico 1.9¢/min
Poland 1.9¢/min	Romania 1.9¢/min	Russia 1.9¢/min	Trinidad 4.9¢/min	U.A.E. 14.9¢/min	Ukraine 7.9¢/min
El Salvador 0.9¢/min	Germany 1.9¢/min	Pakistan 5.9¢/min	Philippines 11.9¢/min	U.K. 2.9¢/min	Vietnam 4.9¢/min

Every Month
30 Minutes FREE
No Contract!



1 Cent to
India

1¢ /minute

1000 MINUTE BUNDLE ONLY \$10/MONTH



Unlimited
Canada

\$5 /month

UNLIMITED CALLING TO ANYWHERE IN CANADA



Download our Comwave
Mobile App
3 Days Free Trial



iTunes



Android Market



BlackBerry
App World



Ranked #1
Home Phone Service
Consumer Choice Award

613-216-6100

While Comwave strives for accuracy in our advertising, Comwave reserves the right to correct any error in pricing or information at any time. LOWEST DISTANCE: Lifetime Rate Guarantee is based on competitors' lowest advertised rate for like services. Comwave will not rate match against charity or internet services. Bundled minute plans or prepaid calling cards due to their inaccurate billing criteria. Bundled minute plans cannot be shared by more than one line. Unused minutes from one month do not carry over to the next month. Excess minutes will be billed at our lowest rate guaranteed. Calls to Overseas Mobile Phones may be billed at a higher rate. Terms and conditions apply. See www.comwave.ca for details.

ONE DAY ONLY

Bank Street BIA • Wellington to Gladstone

SIDEWALK SALE

JUNE 21

RAIN DATE June 22

BankStreet.ca

RIO+20 IS SENDING OUT

Environment. Metro talks to the Blue Marine Foundation and other experts about how to stop trashing our oceans



MICHELLE CASTILLO
Metro World News

From June 20 to 22, leaders, officials and advocates from the private and public sectors will meet in Rio de Janeiro for the United Nations' Conference on Sustainable Development, otherwise known as Rio+20. Topics up for discussion include how to solve global poverty, social inequality and the destruction of the environment.

Easy, right? Yeah, sure.

But those planning to attend say the gathering will make a difference, especially for marine advocates. "Rio can go a long way to help our oceans," says Charles Clover, chairman of the Blue Marine Foundation. His organization, which worked with Metro to put together this feature, was created in 2010, and aims to "create marine reserves and private-sector solutions in the sea, which enable fisheries to be restructured to promote sustainable fishing."

Clover says the task is a vital one because the reserves keep fish and other wildlife safe from the destruction wreaked on them almost everywhere else in the oceans by fishing fleets and problems including climate change and pollution. Fishing

sustainably also means fishermen can earn a living now and in the future.

"What we really want and need from Rio," Clover says, "is a ratified system of governance for the high seas which would replace the present lack of fishing regulations. They encourage a devastating free-for-all. As part of this, we want Rio to make it possible to create marine reserves in international waters, something that just can't be done as things stand but which is desperately important."

Blue Marine not alone

Another group with an agenda for positive change is the International Ocean Institute (IOI), based in Malta. The non-profit group hopes to convince nations at Rio to adopt policies to protect our big blue wonders.

"Perhaps Rio can be the wake-up call to the unconscionable attitude humans have toward the ocean, and that our very survival depends on bridging the governance deficit in managing our ocean," says Dr. Awmi Behnam, president of IOI.

Pollution is his main concern. Behnam estimates that more than 46,000 pieces of plastic are floating in every square mile of ocean. The concentration is especially high in the North Pacific Gyre in an area known as the Great Pacific Garbage Patch.

Ocean currents push all the trash into this area, even if the pollution was deposited from other parts of the world. It's also why scientists see garbage in the most remote

parts of the Arctic, more than 1,000 kilometres away from major populations.

"The human-trash problem is not just a cleanliness issue per se, but a really insidious problem," says Steve Gittings, science co-ordinator for the National Oceanic and Atmospheric Administration's National Marine Sanctuary Program, a U.S. government organization.

Not only does the garbage not break down, but it's also invisible, says Dr. Simon Boxall of the National Oceanography Centre. "This isn't some big pile of bags and bottles that we can go and scoop up. It's microscopic dust particles, as the bigger items break down mechanically," he says.

The overall pollution in our environment leads to climate change and ocean acidification, which occurs when the pH level rises, making the water more acidic. Dr. Scott Doney, a senior scientist of marine chemistry and geochemistry at Woods Hole Oceanographic Institution in Woods Hole, Mass., says it occurs when humans burn fossil fuels, producing carbon dioxide, which is absorbed by the ocean and changes the seawater chemistry.

"There aren't any specific human health issues that have come up yet, but what's concerning is that a lot of plants and animals that people depend on appear to be sensitive to changes," Doney says.

So, to sum up...

Overfishing, pollution, climate change — heavy stuff. The key is getting governments on board to help change laws to make regulation easier. "Climate change, for example," Gittings says. "No one seems to want to step up and make the major policy decisions. It's a tricky and costly one."

Organizers hope the Rio+20 conference will provide the push governments need to take action.



A father and daughter survey the BP oil spill. GETTY IMAGES

Watch The End of the Line

Blue Marine Foundation co-founders George Duffield and Chris Gorell Barnes produced the award-winning documentary *The End of the Line*. To learn more and to watch the film, go to blumarinefoundation.org.



A man-made threat. How we create toxic algae

Watch where you throw out that empty plastic pop bottle! Up to one million seabirds and 100,000 mammals die each year from trash-related problems, the IOI says. Bags routinely choke turtles and sea gulls, and if they ingest plastic pieces, it can act as a magnet for other contaminants that cause cancer.

Another issue: Hypoxia eutrophication — which has been attributed to the rise in agricultural chemicals, indus-

trial byproducts and waste from population growth — depletes oxygen in our oceans and causes conditions for harmful algae to proliferate. As animals die and the algae use up all the available oxygen (releasing more carbon dioxide in exchange), this creates what Lisa Levin, director of the Scripps Center for Marine Biodiversity and Conservation, calls oxygen "dead zones." That's a term you never want to hear when about to go for a swim. **METRO**



Let's think about the impact next time we drive. THINKSTOCK

Need for speed. Drilling has us tearing up seabed

Demand for fossil fuels is driving more companies to drill for oil under the sea. Besides the noise pollution that affects animals that depend on sonar and vocalization to communicate, drilling brings in other contaminants and extra boat traffic, changing the animals' habitat.

"Deep-sea oil and gas and energy extraction already has the potential for major accidents," says Lisa Levin the Scripps Center. "Now, mining

companies are set to mine precious metals in the deep ocean. They target countries with limited regulations when it comes to the deep sea."

Through current legislation has created some worldwide marine protectorates, and some countries have taken steps to protect their oceans through clean-seas acts and laws that regulate ship waste, not much will change unless people are willing to change their habits. **METRO**

AN SOS: SAVE OUR SEAS



In need of a lifeline

Who killed all the fish?

In the 19th century, visitors to European coastal resorts were often greeted with the sight of huge skates hanging from wooden stakes along the shore, some the size of dining tables. The meat of these fish was considered too tough and rank to be eaten fresh, but a few days in the open air softened them up nicely.

Such giants are unfamiliar to modern shoppers because there are virtually none left. Even by the mid-19th century they had begun to decline as bottom trawlers dragged their nets across ever larger areas of seabed, and hook-studded longlines stretched farther.

The common skate is but one of dozens of fish that have come and gone from markets in the past century. Fisheries the world over made the revolutionary transition to engine power in about 1900, allowing boats to deploy bigger nets and fish deeper and farther offshore.

Add fast-freezing to the package — an invention of American entrepreneur Clarence Birdseye in the 1920s — and fishermen were freed to move into the haunts of exotic new species.

Rachel Carson, whose book *Silent Spring* started the environmental movement 50 years ago, wrote a pamphlet in 1943 urging housewives to try new fish species. Two of her picks, the rose fish and the wolf fish, enjoyed a brief boom in catches. But stocks rapidly collapsed and they are scarce today.

Orange roughy, another deepwater fish, burst onto markets in Australia and then across the world in the 1980s when huge

stocks were discovered 1,000 metres down, only to collapse a few years later.

There is a good chance that a recent favourite from Antarctic waters, the Patagonian toothfish, known as Chilean seabass to North Americans, will soon follow the roughy's fate.

Elsewhere, the ongoing collapse of the bluefin tuna — the world's most expensive fish — could see them disappear from the table within a few years.

In an oft-repeated pattern, big predators such as bluefin decline quickly and are replaced by animals from lower down the food chain, like prawns and squid. In the past, we shunned these species and threw them back or used them as bait.

Some kinds of seafood have boomed, busted and made a comeback as fish farms have spread, such as oysters which were popular among common people before the end of the 19th century but in the early 20th century most stocks had collapsed from overfishing, disease and pollution. Today fresh oysters are back on the menu, as sweet and delicious as ever.

Unless overfishing is brought under control, we will see further losses of common seafood species, and many scientists predict a future in which we must eat jellyfish or plankton for want of anything else.

TOGETHER WITH BLUE MARINE FOUNDATION and *End of the Line* (endoftheline.com)



PROFESSOR CALLUM ROBERTS
Trustee of the Blue Marine Foundation and author of *Ocean of Life: How our Seas are Changing*

The stats

17x

Fishing vessels have to put in 17 times more effort today than in 1889 to catch the same quantity of fish in U.K. waters. Source: Professor Callum Roberts, University of York, U.K.

79.7M

79.7 million tonnes of fish were caught at sea in 2009. When farmed and inland fish are taken into account, more than 145 million tonnes were produced, of which 117.8 million tonnes were eaten by people. Source: UN Food and Agriculture Organization (FAO)

15.7%

On average, every person in the world ate 17.2 kilograms of fish in 2009. It accounted for 15.7 per cent of the global intake of animal protein. Source: FAO

4.3M

In 2009, there were 4.3 million fishing vessels worldwide. Of these, 59 per cent were powered by engines, the rest by sails or oars. Source: FAO

28%

28 per cent of the world's fisheries are over-exploited, 3 per cent are depleted and 1 per cent are recovering. 50 per cent are fully exploited but only 3 per cent are under-exploited while 12 per cent are moderately exploited. Source: FAO

24 tonnes

In Asia each fisherman produces 2.4 tonnes of fish annually. In North America the average fisherman produces 18 tonnes annually. In Europe the average fisherman produces 24 tonnes. Source: Blue Marine Foundation



The Rio+20 headlines

Among the topics to be discussed at this year's conference...

KIERON MONKS
Metro World News



Toxic oceans

Acidification and resource depletion of the world's seas will be addressed at a dedicated Oceans Day. Themes will include how to deal with disasters such as the BP Gulf of Mexico oil spill.

The \$4-trillion question

The UN hopes to sign up 7,000 businesses to invest in clean technology that will have an estimated value of \$4 trillion US.



Slum rehab

Host country Brazil has led the way in building economic hubs in shantytowns, establishing construction and waste-management groups. Other nations will explore ways to solve poverty and develop infrastructure.

BRIC party

This year's conference is driven by Brazil, Russia, India and China — the newly advanced economies known collectively as BRIC. It's an opportunity for new players to gain influence.



Collapse?

At press time, only 20 per cent of the Rio+20 draft text agreement had been finalized, amid reports of deep divisions, which led WWF director Jim Leape to predict either a "meaningless agreement or complete collapse."

EXCLUSIVE: Metro VIP

HRH THE PRINCE OF WALES

In an exclusive column before Rio+20, Prince Charles reveals what he's learned from his sustainability unit and offers a prescription for the future: "Seeing is believing," he urges

'REBUILD FISH STOCKS AND PREVENT FUTURE EXPLOITATION'

It is all too easy to believe that news on the state of fish stocks amounts to a relentless counsel of doom, but, fortunately, there is a more positive story emerging, and it gives me considerable hope.

Research conducted by my International Sustainability Unit (I.S.U.) reveals that, in many parts of the world, positive steps are being taken to establish a much more sustainable way of managing these vital self-renewing resources.

In 2008, developing countries exported about \$27 billion worth of fish. Fishing supports the livelihoods of more than 120 million people, and one billion people rely on fish as their main source of protein. So it is important to see that what many call an environmental problem is also an economic and social one. As long as there are fish to catch, many millions of people enjoy job security and the social cohesion that comes from that.

And it could get better. The World Bank recently estimated that an extra \$50 billion a year could come from annual catches if better management was put in place. So what needs to be done? Analysis by my I.S.U. team has shown that many examples of better practice around the world are underpinned by three broad

factors.

First, they have all been implemented with the understanding that fish don't exist in isolation from the environments that sustain them. There are many tools available to help manage fish stocks in ways that respect ecosystems — things like improving fishing gear, protecting stocks during spawning, setting aside protected areas or taking a precautionary approach to exploitation.

The second characteristic is the creation of well-designed rules for intelligent fishing that are enforced robustly. This includes proper monitoring and appropriate penalties to deter illegal fishing.

Finally, there is sound economics. Good management of fish stocks is rewarded with

secure and decent livelihoods for those who do the fishing. There are several ways in which this can be achieved.

One would be improving labelling to encourage consumers to demand more sustainable seafood. Another is the establishment of appropriate long-term rights that give fishers a stake in the future of their fishing grounds.

It seems to me that it would also make a tremendous difference if official subsidies really focused on supporting socially and environmentally positive activities. All too often, better ways of doing things are inadvertently penalized by how subsidy systems work.

I find it encouraging that there are many examples of positive progress, from the

U.S. to Indonesia and from Iceland to Vietnam, where fishing communities are adopting the approaches needed to rebuild fish stocks. Where this happens, stocks recover and communities reap the benefits. The urgent questions, it seems to me, are how can these examples of best practice be spread and how quickly can this be done?

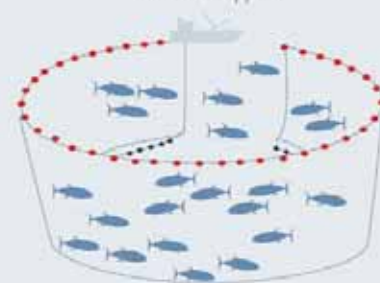
One powerful way to do this is through a process I have employed for many years in other sectors — what might be called "seeing is believing." This, simply put, involves inspiring people to change their behaviour through showing them what is already being done through successful examples of best practice. My hope is that my I.S.U. can play a small role in this.

Genuine multi-stakeholder partnerships must urgently be pursued to introduce best practice sustainable fisheries management to all corners of the world. Everyone can play their part, including consumers. They can become more aware of the choices they make and ensure the fish on their plates is sustainably sourced. When you consider that the alternative is the continued decline of the world's fish stocks, I fear that we really have no other choice.



HOW SUSTAINABLE FISHING WORKS

A step-by-step look at how one company, PNA Western and Central Pacific skipjack tuna fishery, makes it happen.



STEP ONE

Catches fish using purse seine net. Shoals are surrounded, the bottom is drawn tight shut and the fish are hauled out in what is in effect a huge string bag.

Among the sustainable measures in place: Fish aggregation devices (FADs), floating platforms which attract the fish but also other species, are banned. Also, vessels are limited in how long they are allowed to stay out at sea. And observers accompany each vessel to monitor catches.



STEP TWO

Once on board the fish are stored in holds and frozen.



STEP THREE

They are taken to port for unloading. Transferring catches at sea is banned.



STEP FOUR

Catches landed at port are sent either direct to Pacific Island factories for processing and canning or are loaded into ships to be transported to factories in other parts of the world. Most of the catch is exported under the brand name Pacific. Pacific is a joint venture between the PNA and the Netherlands company Sustainable. Among the aims of Pacific are to promote sustainable fishing, provide local employment and offer tuna to customers at affordable prices (as opposed to paying a premium for sustainably source fish).



STEP FIVE

The main customers are the US, UK, Japan and Korea. PNA controls around 30% of the global tuna supply, and 4 million square miles of sea.

It produces **267,000 tonnes** annually, enough for **2.67 billion** tuna sandwiches.

His agenda

Making decisions 'future proof'

The Prince's Accounting for Sustainability Project is part of His Royal Highness The Prince of Wales's International Sustainability Unit, developed to "ensure that we are not battling to meet 21st-century challenges with, at best, 20th-century deci-

sion-making and reporting systems. The project's work focuses on ways to integrate measures of environmental health, social well-being and economic performance to provide a "future-proofed" framework for decision-making, to build the capacity needed to take action." It has organized a panel about the topic at Rio+20. **METRO**

2 DAYS
ONLY!

JUNE 23-24, 2012

\$200 credit when you
bring your number
to Mobilicity

Break Free from your wireless contract today



BreakYourContract.ca

"National Break Your Wireless Contract Day" - Mobilicity urges customers to terminate any contract only with knowledge of and in accordance with any applicable contractual terms. \$200 credit is provided to customer's account, in equal installments of \$10 per month for 20 months, when customer transfers his/her number on a new activation and while customer is on preauthorized credit payment. Credit may not be redeemed for cash and contain no cash value. Limited time offer. Offer valid only at participating locations. Restrictions may apply on combining offers with other offers or promotions and only applicable to new activations. Taxes are extra. Terms and conditions apply. Subject to change without notice. © 2012 Mobilicity. 'Mobilicity' and the Mobilicity logo are trademarks of Mobilicity. Other trademarks shown may be held by their respective owners. All rights reserved.

**Mobilicity
Stores**

Lincoln Fields Mall
1595 Merivale Rd, Unit 6
168 Rideau St
Bayshore Shopping Centre

173 Montreal Rd
Hazeldean Mall
Carlingwood Shopping Centre

**Authorized
Dealers**

Cellular X Zone: Billings Bridge Shopping Centre
Bullo Wireless: 1414 Walkley Rd
IGO Cyber House Inc: 223 Bank St

FTA Tronix: 1807 Carling Ave
Mino Mart: 1157 Wellington St
City Mobile: TNT Supermarket Unit B
224 Hunt Club Rd

Cost-of-living survey. Toronto judged most expensive city in Canada

A new global survey rates Toronto and Vancouver as among the most expensive cities in North America for expatriates locating there.

The new Mercer cost-of-living survey places Toronto at No. 61 and Vancouver at No. 63 among 214 world cities assessed in cost of living for expatriates.

Only New York at No. 33 is more expensive in North America.

But North America remains relatively cheap by world standards, beaten by cities in Asia, Europe, Russia, South America, Australia and Africa.

The top three spots went to Tokyo, Luanda, Angola,

By the numbers

- Other Canadian cities to make the list were Montreal at 87, Calgary at 92 and Ottawa, the least-expensive of the group, at 115.

- The survey measures the comparative costs of over 200 items, including housing, transport and food.

and Osaka, Japan. The least-expensive city is Karachi, Pakistan, assessed as less than one-third as expensive as Tokyo.

THE CANADIAN PRESS

Market Minute

DOLLAR
97.65¢
(+0.56¢)

TSX
11,788.36 (+187.23)

OIL
\$84.03 US (+76¢)

Natural gas: \$2.545 US (-9¢)
Dow Jones: 12,837.33 (+95.51)

GOLD
\$1,622.160 US (-\$5.40)

Feeling the pinch?

World's richest saw wealth slip in 2011: Report

Sellers of private jets, exotic sports cars and yachts to cruise the world may be feeling a pinch as the one per cent took a hit last year, albeit a small one.

Economic uncertainty

took its toll on the world's richest, who saw their overall financial wealth dip 1.7 per cent in 2011, according to a report Tuesday by Capgemini and RBC Wealth Management.

The drop for those with investable assets of \$1 million US or more was the first decline since the 2008 financial crisis when it dropped 19.5 per cent.

THE CANADIAN PRESS

Canada leaves G20 with invite to join trade talks



Prime Minister Stephen Harper speaks at a news conference following the G20 Summit in Los Cabos, Mexico, on Tuesday. ADRIAN WYLD/THE CANADIAN PRESS

Summit ends. World leaders call on Europe to take action on eurozone's continuing financial crisis

Prime Minister Stephen Harper leaves the G20 summit in Mexico with an invite to pull up a chair at major trade talks, and newfound confidence that Europe will take bold action to get its economic house in order.

The two-day summit closed Tuesday with leaders of the world's 20 most important economies urging their European counterparts to break the vicious circle of debt-burdened banks and cash-strapped coun-

Quoted

**"A TPP agreement
will ... provide greater
economic opportunity
for Canadians."**

Prime Minister Stephen Harper, on Canada joining the Trans-Pacific Partnership talks

tries.

Even though Europe was at the top of everyone's mind at the summit, behind the scenes Canadian officials were trying to wrap up a long-standing negotiation with the Americans.

Canadian officials met late into Monday night with representatives from the United States. The prime minister followed up Tuesday morning with a one-on-one meeting with U.S. President Barack Obama.

Harper then announced Canada has been asked to sit at the negotiating table for the proposed Trans-Pacific Partnership.

"Opening new markets and creating new business opportunities leads to jobs, growth and long-term prosperity for all Canadians," the prime minister said in a statement.

The announcement came a day after G20 host nation Mexico was invited to join the talks.

Nine countries are currently negotiating a free-trade pact that many feel will have more economic strength than the North American Free Trade Agreement.

THE CANADIAN PRESS

Gen Y splurging on luxuries: Amex

Young and trendy members of Generation Y are outspending older Canadians in the luxury markets for fashion, travel and fine dining, according to a report released Tuesday.

The American Express Business Insights report, based on spending data collected from 2009 to 2011, found that Canada's luxury segment has been more resilient to economic uncertainty than markets in Europe and the U.S., dominated by demand from younger people.

"Optimism amongst Canadians appears to be on the rise as luxury spending in-

creased," the credit-card company said in a release.

"What has proven most surprising is that in a soft job market, younger Canadians are dominating Canadian luxury spending growth in the core areas of fashion, travel and fine dining."

Luxury spending among young people has increased in recent years even as they face piles of debt from more schooling than prior generations, weak job prospects and an unemployment rate that is about twice the national average.

The findings also suggest

the Canadian luxury segment was less impacted during the height of the economic downturn and recovered more quickly than in the U.S. and Europe, which have yet to return to pre-recessionary spending levels in the market.

Canada's luxury segment was down about nine per cent in 2009, compared to a 14 per cent decline in the U.S. and 10 per cent drop in Europe.

"What we've seen in Canada is that, even during economic uncertainty, consumers are not shying away from luxury spending," said Colin

Temple, vice-president and general manager of merchant services at American Express Canada.

Canadian luxury spending has increased since 2009 and younger Canadians have ramped up spending faster during the survey period than their older counterparts.

"The luxury market is turning its eye to the younger generation," Temple said.

Meanwhile, older generations that once dominated the luxury market showed a slowdown in spending growth over the same period.

THE CANADIAN PRESS

Dove MEN+Care

**YOU COULD
WIN A YEAR'S SUPPLY OF
DOVE MEN+Care**
INCLUDING THE TWO LATEST BODY WASH
SCENTS WITH MICROMOISTURE TECHNOLOGY
AND NEW AQUA IMPACT DEODORANT

To register and for full contest details visit clubmetro.com

**club
metro
.com
TO ENTER**

Canada's National Notary Public

Notarization & Legalization

Over 100 Locations Across Canada

Mobile Notary

Certified True Copies

E-Document Certification

Notarization & Commissioning of Oaths

Affidavits

Visa & Passport Processing

RedSeal Notary.com

Company

Fingerprinting

Background Checks

Land Title Searches

Authentication & Legalization (Apostille)

Consent to Travel

1-888 922-7325

Red Seal NOTARY

Scan and Save

Bombardier. C Series on track to fly this year

Ready for takeoff

**"We're very well
pleased with our overall
results."**

Bob Saia of Pratt & Whitney, on the company's new turbofan engine, which will be used in the C Series aircraft.

Bombardier's new C Series aircraft is not facing any major production delays that should prevent it from making its maiden flight by year-end, the Quebec-based plane and train maker said Tuesday.

"Yes, the C Series program is on track," said Mike Arcamone, president of commercial aircraft, adding that Bombardier has found no serious problems that would thwart delivery of the first C Series aircraft by the end of 2013.

"We are exactly where we want to be with 11 customers

and 317 orders," he said.

Arcamone said Bombardier would like to have 20 to 30 customers from around the world by launch, including more leasing companies.

THE CANADIAN PRESS

YOU HAD ME AT 330 POUNDS



JUST SAYIN'
Paul Sullivan
metronews.ca/justsaying

Open letter to Rob Ford, mayor of Toronto:

OK, as PR campaigns go, "Cut the Waist" collapsed under its own weight.

It's hard enough pledging to lose 50 pounds in five months, never mind with the whole nation looking on and making fun.

And then, whenever you do turn up to weigh in, a bunch of media jackals pound you with rude questions about transit and budgets.

It's even harder when you fall off the scale on the final weigh-in, 33 pounds from your goal, as the peanut gallery laughs even harder.

But I want you to know: You're my inspiration, Big Guy.

Look, you're not the mayor of Toronto because you're the intellectual heir to Albert Einstein. You're the mayor of Toronto because regular people can relate to you. And regular people struggle with their weight. In fact, according to the United Nations, three-

We can all relate, Rob

"In fact, according to the United Nations, three-quarters of North Americans are overweight. You're not alone."

quarters of North Americans are overweight.

You're not alone.

Take me, for instance. I'm a meat yo-yo. I find it easy to lose weight ... and I find it even easier to put it back on again. In January, when you joined your brother Doug and pledged to lose 50 pounds, I was 40 pounds overweight and contemplating a trip to Mr. Big and Tall for a wardrobe upgrade.

I figured if the Big Guy could wrap his meaty paw around a stick of celery, well, so could I. And as you took the heat, I got out of the kitchen. Since January, I've lost 31 pounds and "Freedom 40" is in sight. Plus I've managed to get on and off the scale without injuring myself. Bonus.

Although I've managed to keep my jaw shut at key moments, it hasn't been easy. You were subject to ridicule when you were discovered slinking out of KFC. Let me say that I am haunted daily by KFC. I could eat a whole family bucket of that stuff and then hit the fries and gravy.

And it's not just KFC. That A&W Root Bear relentlessly pursues me with discount coupons. And every day at quit-tin' time, the hungriest time, I have to walk past the best pizza joint on the planet and all those succulent slices laid out on the slab. The aroma alone is fattening.

The glass is half empty, and that's a good thing. You're 13 pounds lighter than you were in January. You proved to yourself and the rest of Fat City that you can lose weight if you put your mind to it.

Keep going. Do it for yourself, and no one else.

And I'll see you on the skinny side.



Toronto Mayor Rob Ford had his final weigh in Monday, where he missed his weight-loss target by 33 pounds and then fell off the scale.

PAWEŁ DWULIT/TORSTAR NEWS SERVICE

Saved by royal appointment



GETTY IMAGES

Rhino conservation

Prince condemns horn poachers

In a rare interview, Prince William has condemned people involved in the illegal trade of rhino horns as "extremely ignorant, selfish and utterly wrong." He was speaking in Port Lympne Wild Animal Park in Ashford, Kent, south-east England, to meet three endangered black rhinos before they were reintroduced into the wild in Tanzania. **METRO**

The Prince's speech

- **It's all about education.** "My message to them is simply 'Stop'. ... It's a message about educating people and understanding that when you buy that rhino horn, or when you buy that ivory, you are taking this from an animal that has been slaughtered for this decorative ornament you have on your mantelpiece and you have at home. Is that really what you desire and what you feel is right in the world?"

Rhinos in numbers

4,800

black rhinos are left in the wild in Africa, with experts saying the animal is being slaughtered at the rate of two a day.

Illegal trade

Demand puts rhinos on brink

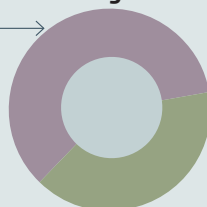
Black rhinoceros, native to eastern and central areas of Africa, have been poached to the brink of extinction due to the demand for their horn, both for use in Chinese traditional medicine and for traditional Yemeni dagger handles. Experts estimate that around 95 per cent of the black rhino population has been lost. A single horn can fetch \$250,000 US. **METRO**



Register at metropolitanpanel.ca and take the quick poll

Do celebrities who diss the city they are filming in deserve to get flak for it?

60% YES, THEY SHOULD BE RESPECTFUL OF THEIR HOSTS



40% NO, THEY'RE ALLOWED TO HAVE OPINIONS TOO



Twitter

@RemiTherault: Added 40km. First real ride success <http://t.co/J1aYILRO>

@KJOttawa: Karlsson has signed a 7-year, \$45.5 million extension. I really like that.

@GloriousSenator: @NHLon_The_Ice Massive is Kovalchuk, DiPietro, Luongo contract. Karlsson contract is locking up a key piece for most of his prime.

@Erika_Leblanc: RT @RebeccaEby: Karlsson number 1 trendin #kingKarl

@brittanyhomes13: I can't stop thinking about you #lemmestudy\

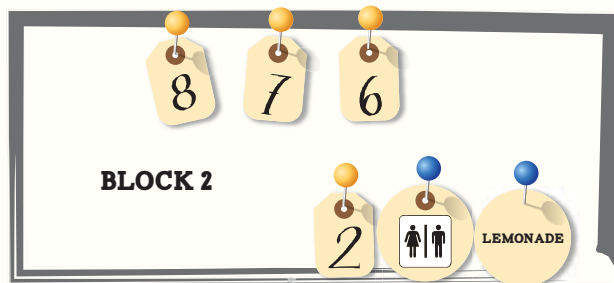
@kristaaylenn: RT @itsmarieannab: I wanna have late night conversations with you.



President Bill McDonald • Vice-President & Group Publisher, Metro Eastern Canada Greg Lutes • Editor-in-Chief Charlotte Empey • Deputy Editor Fernando Carneiro • Managing Editor, Ottawa Sean McKibbin • Managing Editor, News & Business Amber Shortt • Managing Editor, Life & Entertainment Dean Lisk • Vice-President, Sales Quin Millar • National Sales Director Peter Bartrem • General Manager Dara Mottahed • Sales Manager Ian Clark • Distribution Manager Bernie Horton • Vice-President, Business Ventures Tracy Day • Vice-President, Marketing & Interactive Jodi Brown • Vice-President, Finance Phil Jameson • METRO OTTAWA • 130 Slater St., Suite 300 Ottawa, ON K1P 6E2 • Telephone: 613-236-5058 • Fax: 866-253-2024 • Toll free: 1-888-916-3876 • Advertising: 613-236-5058 • adinfoottawa@metronews.ca • Distribution: bernie.horton@metronews.ca • News tips: ottawa@metronews.ca • Letters to the Editor: ottawalatters@metronews.ca

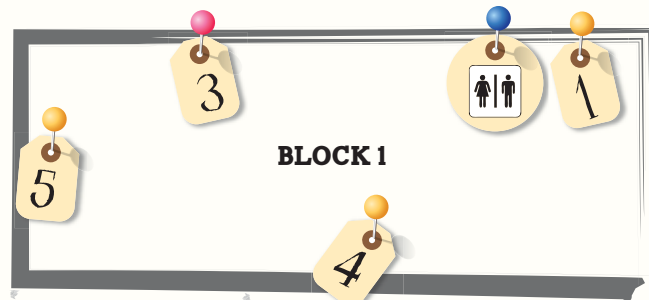


2012 INTERNATIONAL



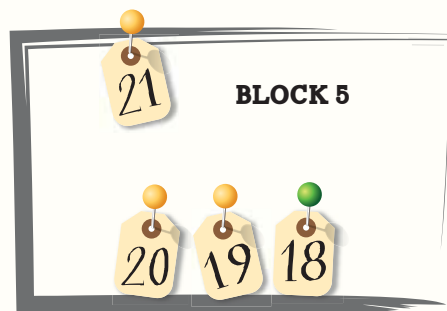
SCOTIA BANK RE HOTEL

METCALFE

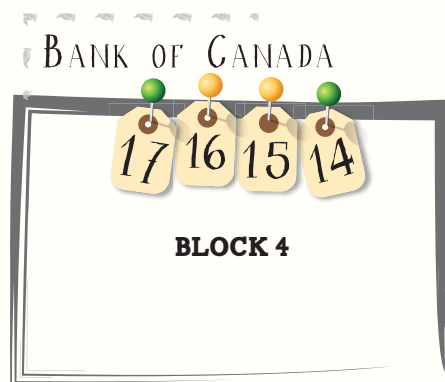


ELGIN

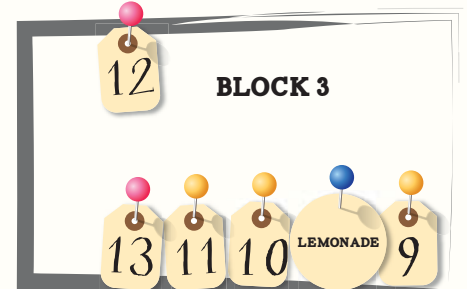
90 SPARKS



KENT



BANK



O'CONNOR

BLOCK 1

D'ARCY MCGEES
44 SPARKS STREET

ALYEA'S JEWELLERS LTD.
59 SPARKS STREET

SMITH BOOKS
58 SPARKS STREET

POST OFFICE
59 SPARKS STREET

ALTERNA SAVINGS CAISSE ALTERNA
61 SPARKS STREET

IAM KIMBERLY STAMPS
62 SPARKS STREET

LA MODE HAIR STUDIO
67 SPARKS STREET

ASTROGLOBE GALLERY
71 SPARKS STREET

DIXON JEWELLERS
71 1/2 SPARKS STREET

73 NORTH
73 SPARKS STREET

THE SNOW GOOSE CANADIAN CRAFTS
83 SPARKS STREET

VIE BELLA MARKET & DELI
87 SPARKS STREET

QUICHUA'S KAMELEON POP SHOP
89 SPARKS STREET

ROYAL BANK
90 SPARKS STREET

THOMAS D'ARCY MCGEE BUILDING
90 SPARKS STREET

TREATS
GATEWAY NEWSTAND
PETER FERGUSON

WATCH STORE
91 SPARKS STREET

BLOCK 2

YESTERDAYS
151 SPARKS STREET

BELLO UOMO FINE MEN'S WEAR
159 SPARKS STREET

BLACK S
155 SPARKS STREET

CENTRETOWN TAVERN
151 SPARKS STREET

SUSHI SHOP
140 SPARKS STREET

JEWELLERY PLUS II
145 SPARKS STREET

PALMERO EXPRESS
143 SPARKS STREET

MORGANTE MENSWEAR
141 SPARKS STREET

ALBERT OPTICIANS
139 SPARKS STREET

HER ESTHETICIAN BEAUTY AND LASH LOUNGE
138 SPARKS STREET

SUBWAY
136 SPARKS STREET

SMILES ON SPARKS DENTISTRY
134 SPARKS STREET

GRECO
132 SPARKS STREET

THE HARRY ARCADE
130 SPARKS STREET

LIBRARY OF PARLIAMENT
125 SPARKS STREET

CIBC
119 SPARKS STREET

SCOTIABANK
118 SPARKS STREET

HMV
115 SPARKS STREET

L'ANGE CAFE
109B SPARKS STREET

MARVELLOUS SHOP OF MUSTARDS
109A SPARKS STREET

RE HOTEL
106 SPARKS STREET

ROBERTO MEN'S WEAR
101 SPARKS STREET

FRESHII
98 SPARKS STREET

BRIDGEHEAD
96 SPARKS STREET

CANADA'S FOUR CORNERS
93 SPARKS STREET

BLOCK 3

HOWARD FINE JEWELLERS & CUSTOM DESIGN
220 SPARKS STREET

EDGE CLUB AND LOUNGE
211 SPARKS STREET

BRIXTON'S BRITISH PUB
210 SPARKS STREET

PEP & NINOS ITALIAN BAR AND GRILL
208 SPARKS STREET

TRUE BIJOUX FABULOUS JEWELLERY FINDS
206 SPARKS STREET

COCK & LION FREE HOUSE
201 SPARKS STREET

TIM HORTONS
200 SPARKS STREET

CBC RADIO CANADA
190 & 171 SPARKS STREET

HALLMARK
183 SPARKS STREET

GREEN DRAGON LTD
179 SPARKS STREET

OTTAWA LEATHER GOODS
178 SPARKS STREET

THE SHOE BOX
173 SPARKS STREET

SPARKS STREET OPTOMETRY
171 SPARKS STREET

ZELLERS (BOOTH BUILDING)
165 SPARKS STREET

BLOCK 4

3 BREWERS
240 SPARKS STREET

MEET
OUR
MERCHANTS

BLOCK 5

CARMELLOS PLACE DE VILLE
300 SPARKS STREET

SPARKS HAIR AND SPA
277-A SPARKS STREET

CAFE DELIK AT CAFE
277 SPARKS STREET

E PRINT IT (ST. JOSEPH'S)
276 SPARKS STREET

STARBUCKS MARIOTT HOTEL
100 KENT

CHICKEN-RIB COOK OFF



1. CRABBY'S

20 YEARS IN BUSINESS AND A LONG STANDING TRACK RECORD OF AWARD WINNING BARBEQUE, CRABBY'S HAS PROVEN TO BE THE BEST ON THE GRILL, FROM EAST COAST TO THE WEST. GEORGE KEFALIDIS, THE FOUNDER OPENED THE FIRST RIB TEAM IN LONDON, AND HAS GROWN THIS SUCCESS AT NUMEROUS COOK OFF EVENTS THROUGHOUT NORTH AMERICA.

2. ALABAMA LEMONADE

SERVING FRESH SQUEEZED LEMONADE, PERFECTLY SUITED WITH YOUR BABY BACK RIBS!

3. HENNA TATTOO

IN COLLABORATION WITH QUICHA, HENNA TATTOO!

4. TEXAS OUTLAWS

ALL THE WAY FROM KENTUCKY! TEXAS OUTLAWS STARTED IN 1988, A FAMILY GROWN BUSINESS, BRINGS A COMBINATION OF GOOD SPICE, GOOD SAUCE AND GOOD SLOW SMOKE! TEXAS OUTLAWS WILL GIVE YOUR MOUTH SOMETHING TO TALK ABOUT FOR DAYS!!!

5. CUISINE SANTE

LOOKING FOR HIGH-END COOKWARE, CHECK OUT THE PROMOTION! CHECK OUT THEIR PRESENTATION FOR CHANCES TO WIN PRIZES!

6. BIBBS

2011 BIBBS WON BEST CHICKEN AND READY TO TRY THEIR LUCK AGAIN! BRING ON THE COMPETITION!

7. GATOR BBQ

GATOR BBQ WAS FORMED IN 1983 BY A GENTLEMAN FROM NAPLES FLORIDA BY THE NAME OF DON BROWN (A.K.A. THE KING OF RIBS). LARRY NOW RUNS THE FAMILY BUSINESS WITH HIS CHILDREN: KURT, NICK, AARON AND ALEXIS ALL CONTRIBUTING TO ITS SUCCESS. THEY MEAN RIB BUSINESS!!!

8. BILLY BONES

CELEBRATING OVER 30 YEARS OF EXCELLENCE, BILLY BONES BBQ AND CREW HAVE TRAVELLED THE UNITED STATES, CANADA AND IRELAND WINNING STATE AND NATIONAL BBQ COMPETITIONS. BILLY'S BBQ PRODUCTS ARE ORIGINAL, TANGY WITH A HOT SMOKY BIT. MIL IS THE SAME FLAVOUR WITHOUT THE BITE! PERFECT FOR ALL TASTE BUDS!!!!

9. SILVER BULLET

PROFESSIONAL RIBBERS WHO TRAVEL TO RIBFESTS ACROSS ONTARIO, PRODUCING THE MOUTH-WATERING BBQ RIBS, CHICKEN AND PULLED PORK!

10. ALABAMA LEMONADE

SERVING FRESH SQUEEZED LEMONADE, PERFECTLY SUITED WITH YOUR BABY BACK RIBS!

11. CAMP31

FOUNDED IN 1908 AS A "SAW MILL" GENERAL STORE OUTSIDE BREWTON, ALABAMA. CAMP 31 BBQ WAS ESTABLISHED BY LARRY MURPHY IN 1985, AND HAVE BEEN SERVING MOUTH-WATERING AUTHENTIC SOUTHERN BBQ EVER SINCE!

12. UNCLE SAM'S

COMES FROM ALABAMA, AND READY FOR A BATTLE! BRINGING SOUTHERN COOKING AND OLD FASHION RECIPES, THEY REFUSE TO BE OUT DONE!

13. KIDNEY FOUNDATION & FIRST AID

14. POTATO ON A STICK

POTATO ON A STICK COMES WITH GOURMET KETCHUP AND A GREAT COMPLIMENT TO ANY MEAL SERVED AT COOK OFF!!! KETCHUP FLAVOURS INCLUDE: SMOKEY MESQUITE, HOMEMADE CHILLI, BEER N ONIONS, DILL PICKLE & CELERY, CRISPY BACON, GHOST PEPPER & AGED CHEDDAR, MUSTARD SPICE (A FAN FAVORITE), MAPLE, AND MAPLE CHIPOTLE

15. HAWGS GONE WILD

BBQ IS NOT JUST SOMETHING THAT GETS THROWN TOGETHER AT THE LAST MINUTE, BBQ TAKES TIME AND LOVES TO CREATE. HAWGS GONE WILD HAS A SENSE OF PRIDE AND FULFILLMENT THAT SURROUNDS FAMILY AND FRIENDS, WITH THEIR SCRUMPTIOUS FOOD!

16. STICKY FINGERS

FOUNDED BY THREE LIFELONG FRIENDS, STICKY FINGERS OPENED IN MT. PLEASANT, SOUTH CAROLINA IN 1992. STICKY FINGERS HAS A GENUINE AND CARING APPROACH TO CUSTOMER SERVICE AND A PASSION FOR SHARING "FALL-OFF-THE-BONE DELICIOUS" RIBS, PULLED PORK BARBECUE AND CHICKEN!

17. CORN ROASTER

GRAB A COB! EXCITING NEW FEATURE TO COOK OFF!

18. GOURMET LOLLIPOP

A SWEET ENDING TO YOUR MEAL! GOURMET LOLLIPOP COMES IN MAPLE BACON, FINA COLADA, BIRTHDAY CAKE, PEACH SCHNAPPS, STRAWBERRY DAQUIRE AND 25 OTHER FLAVOURS.

19. BOSS HOG

AFTER WINNING 45 AWARDS IN 19 EVENTS IN 2010 AND 43 AWARDS IN 2011 BOSS HOG IS LOOKING FORWARD TO EXCEEDING EXPECTATIONS AT SPARKS STREET'S ANNUAL COOK OFF!!

20. TEXAS RANGERS

TEXAS RIB RANGERS PRODUCTS OF TEXAS INC. WAS CREATED IN 1993. THEY HAVE SEEN THE COOKING TECHNOLOGY AND THE FIELD OF COMPETITION GROW FROM FIVE AND TEN TEAMS TO WELL OVER 500 TEAMS COMPETING AT THE HIGH END BBQ EVENTS! LOOKING TO OUT BEAT BIBBS, FOR BEST CHICKEN!

21. BLAZIN' BBQ

IN 2002 BLAZIN' BBQ HAD ITS DEBUT AT S.A.R.S.STOCK, ONE OF THE LARGEST BENEFIT CONCERTS AND BARBEQUE EVENTS IN NORTH-AMERICA. FROM THERE THEY HAVE BEEN BUILDING OUR REPUTATION THROUGH RIBFEST'S, CONCERTS AND CORPORATE CATERING ACROSS ONTARIO. ALONG THE WAY WE HAVE RECEIVED MANY AWARDS FOR RIBS, CHICKEN, SAUCE AND PULLED PORK.



SCAN TO WIN 2VIP PASSES!

VISIT OUT MERCHANTS FOR DETAILS
AND A BONUS OFFER



2

SCENE

Scene in brief

Ever wanted to see Shia LaBeouf naked?

If Sigur Ros' new video were a movie, it might merit an NC-17 rating. For the band's clip of Fjogur Piano released Monday, Transformers star Shia LaBeouf appears naked.

Alma Har'el directed the video. It is part of a series being created for the band's latest album Valtari. The video also features female nudity, dancing, an octopus, lolipops and trippy images. Band bassist Georg Holm said the director and LaBeouf collaborated on the idea for it. Holm described it as "absolutely amazing." Videos don't come with ratings. But the Sigur Ros video does have a warning for its content before it begins. THE ASSOCIATED PRESS

On the web



Justin Bieber proves too hot for Apollo Theater as power goes out



Brave tells the story of a Celtic princess who rebels against her mother. Scottish actress Kelly Macdonald voices Merida, the film's anti-princess. DISNEY/PIXAR/THE ASSOCIATED PRESS

Fairy tale revamp: Damsels in distress a thing of the past

Brave girls. The new generation of movie princesses do so much more than wait for Prince Charming to save the day



IN FOCUS
Richard Crouse
scene@metronews.ca

When one thinks about movie princesses a few names come top of mind: Snow White, Cinderella, Aurora and Belle. This

fab four have come to define what being a movie princess is all about. Or at least they used to.

Once upon a time a movie princess was a damsel in distress, swathed in pink and jewels, waiting for Prince Charming to come to the rescue.

Lately, however, the movies have given us a different kind of princess, one who is more into grrrl-power than girly-girl.

Mark Andrews, the co-director of this weekend's cinema release Brave, the story of a Celtic princess who rebels against her mother, calls the movie's lead character "an anti-princess."

"She's an active and action-

oriented person," he says. "She wants to get out in the outdoors of the Highlands, escaping from castle life and exploring the woods."

Brave isn't the first movie to shatter the stereotype of the pretty pink princess.

According to Roger Ebert, Ariel, the teenage mermaid princess of The Little Mermaid, "is a fully realized female character who thinks and acts independently, even rebelliously, instead of hanging around passively while the fates decide her destiny."

In other words, she still marries her prince charming, but for the first time a Disney princess gave a lesson in in-

dependence and had a hand (or fin) in deciding her fate.

The success of that movie led to a new batch of princesses who were empowered and could look after themselves and others.

Pocahontas was an adventurous princess who put her own life at risk to stop a war between her people, the Powhatans, and the British settlers, and the fiery Mulan broke gender boundaries by enlisting in the army and saving China from total devastation at the hands of the Huns.

Jasmine, the daughter of the wealthy Sultan of Agrabah and the princess at the heart of Aladdin, didn't fight off invad-

ers but she did do something that made her unique in the Disney princess world.

Tired of life in the royal palace, instead of waiting for rescue, the independently minded noblewoman made her own way, even deciding to marry a commoner rather than a prince.

But not all anti-princesses are animated.

The recent mega-flop John Carter featured Martian Princess Dejah Thoris (Lynn Collins) who, despite falling for the prince charming title character, was also a warrior and a scientist who wasn't afraid to stand up for things she believed in.

THE LORD OF THE RINGS
THE FELLOWSHIP OF THE RING

In Concert with the NAC Orchestra
FULL LENGTH FILM WITH THE MUSIC PERFORMED LIVE

July 5, 6, 7

Composed by Howard Shore



NATIONAL ARTS CENTRE
CENTRE NATIONAL DES ARTS
nac-cna.ca

ticketmaster.ca 1-888-991-2787 (ARTS)



YOU COULD WIN

Grand Prize: "The One Ring" 14k Gold LOTR Replica ring;
VIP tickets for 2 to the live show, July 5th;
T-Shirt; Blu Ray/DVD set of the trilogy
Other Prizes: 2 sets of tickets to the live show, July 5th

TRIVIA QUESTION:
What is Strider's real name?

ENTER YOUR ANSWER TO
THE TRIVIA QUESTION
ONLINE AT CLUB METRO'S
OTTAWA facebook PAGE

BROUGHT TO YOU BY:
GOLD Lobby



Lil Wayne says 'there's no beef'

Music and fashion.

After years of conflict rapper downplays diss songs between him and former label mate

With a clothing line and a powerhouse group of artists under his umbrella, Lil Wayne claims he's trying to stay above the fray.

The rapper says "there's no beef" between himself and Pusha T, despite back-and-forth diss songs released in recent weeks. Conflict between the two, simmering for years, boiled over when Pusha T of The Clipse — signed with Kanye West's G.O.O.D. Music group — released a track targeting Lil Wayne and his Young Money signee Drake.

Lil Wayne, who rarely responds in such cases, quickly released a brief song online called Ghoul-ish aimed at Pusha T "and anybody that love him."



Lil Wayne. FILE/THE ASSOCIATED PRESS

But in an interview at a Los Angeles Macy's department store to promote his skateboarding-inspired Trukfit clothing line, Lil Wayne said he doesn't plan to escalate the Pusha T conflict further than it has already gone.

He's got music and style on his mind.

What's next musically? And what happened in the beef between you and

Pusha T?

I just finished recording my I Am Not a Human Being II album. And we're starting to work on the Young Money album. ... It really wasn't no beef, you know. It was just me. I just reacted. Just a reaction, a simple reaction. I don't apologize for it because I'm human. But it was just my human reaction. I don't take it back. But there's no beef. Beef is a whole different thing. ... I'll move on.

Do you consider yourself the most stylish rapper out there? How has your style evolved?

I do not consider myself the most stylish rapper out there. I'd say if I had to consider someone the most stylish rapper out there, I would definitely say that would be a Kanye West or a Andre 3000.

... Yes it (my style) has evolved because I was one of the guys that would "geek chic" it every now and then. ... Now I'm just more into whatever works for me. I think that's just age. **THE ASSOCIATED PRESS**

THE CLOCKTOWER PRESENTS
FEVERFEST
CLOCKTOWER (CLUB) / IRENE'S PUB

THE GOODLUCK ASSEMBLY
KALLE MATTSON FEVERS
THE MURDER PLANS THE PEPTIDES
SILVER CREEK BROCKZEMAN
FIFTYMEN THE STEVE ADAM VIK
FET NAT JULIA DALES THE STRAIN
ZOO LEGACY & MANY, MANY MORE

JUNE 22 & 23 2012

FOR TICKETS AND SCHEDULING VISIT
FEVERFEST.CA

TAKE THIS WALTZ!
IN THEATRES JUNE 29
YOU COULD WIN A MONGREL MEDIA PRIZE PACK

VISIT clubmetro.com TO ENTER

To register and for full contest details visit clubmetro.com



Mark Wahlberg

Wahlberg hints at Entourage big screen possibilities

Fans of HBO's inside-Hollywood series Entourage can rest easy. Executive producer Mark Wahlberg confirms to the Today Show that a movie spin-off for the show is in the works, with creator Doug Ellin hard at work on a script.

The series ended after eight seasons with all the

main characters finding happiness — including Hollywood agent Ari, played by Jeremy Piven, ditching his job to reconcile with his wife — but Wahlberg suggests that won't last.

"The dream job (Ari) got offered is too good to pass up," Wahlberg teases of future plot lines.



YOU COULD
WIN A PASS FOR TWO TO
SEE A SPECIAL ADVANCE
SCREENING OF **TED!**
IN THEATRES JUNE 29TH!

Rated 14A - Substance abuse, sexual content, coarse language
To register and for full contest details visit clubmetro.com



METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Charlie Sheen preparing for retirement

Charlie Sheen insists that his new series, Anger Management, will be his last gig before retiring.

"When I'm done with this business it's just going to be about soccer games and amusement parks," Sheen tells the New York Times.

"And when this ends, I'm done. This is my swan

song."

Aside from looking forward to spending more time with his kids, Sheen is also excited to have something else after Two and a Half Men, which "wasn't meant to be my legacy," he says. "This is."

Of course, the show may not end anytime soon. While only 10 episodes of Anger Management have been filmed, if the network decides to keep it, they'll immediately order 90 more, thanks to Sheen's one-of-a-kind contract.

METRO



Justin Bieber ALL PHOTOS GETTY IMAGES

Bieber likes to keep his personal life private by talking to magazines about it

Justin Bieber's relationship with Selena Gomez is going great, in case anyone was worried.

"What does love feel like? It feels good. If you're really in love then you should get butterflies. Butterflies and happiness, that's how I feel anyway," Bieber says in an interview with Fabulous magazine.

"My first kiss with Selena was the best of my life. It was in the car. It was scary and spontaneous and it was

just awesome."

Despite his candidness in this particular interview, Bieber admits that he doesn't like to talk about his relationship that much with the press.

"I never like to throw it in my fans' faces. I love my fans and I'd never want to do that to them," he says. "It's my private life and I like to keep separate. I don't have many things that I get to keep to myself but that's one thing."

Twitter



@nathanfillion

Raining is London's way of crying when I leave. Shhh, sweetheart. I'll be back soon enough.



@billmaher

Got back today from Ohio and Michigan - now I know why they're called swing states, campaign ads on tv this early u want to hang yourself



@alyssa_milano

My son's newest obsession is pinwheels.



@SarahKSilverman

America loves fat guys w/ boundless energy



YOU COULD **WIN** A TRIP FOR FOUR TO SCOTLAND!

IN THEATRES JUNE 22

Plan your Brave experience at:

Royal Scottish Tours

Visit royalscottishtours.com and plan your Scottish Vacation today!



To enter and for full contest details visit clubmetro.com



Dunnottar Castle

A ruined medieval fortress on the north-east coast of Scotland dating back to the 15th and 16th century, this imposing outpost was the starting point for designing the DunBroch castle in the film.



Glen Affric

The quintessential mysterious Scottish forest, this nature reserve in the Highlands is possibly the best example of a glen, with moss and heather covering the ground. With the River Affric running through, there's ample opportunities for hiking, rafting and swimming.



Isle of Skye

The largest island of the Inner Hebrides, the Isle of Skye is rife with both folklore and sweeping Highland landscapes. Highlights include the enchanting Faerie Glen, the odd-shaped rock formations of the Quiraing and the 200-foot cliff Kilt Rock.



Pixar's new movie Brave takes place in 10th-Century Scotland. HANDOUT

Scotland — home of castles and the Brave

Pixar. Latest animated film inspires travel to mysterious, historic Scottish sites

NED EHRBAR
Metro World News in Hollywood

An animated film may seem like odd inspiration for a vacation, but the folks behind Pixar's latest, *Brave*, put such painstaking work into digitally recreating Scotland that you won't be able to help but want to go visit. After all, the filmmakers can't have all the fun.

Teams from Pixar headed to Scotland twice during preparation for the film, first to find inspiration and again to take samples to get the natural beauty just right — which

turned out to be more difficult than expected.

"The reason *Brave* is so incredibly challenging is because the computer likes to make things perfect, geometric," says Pixar head John Lasseter.

"When you're dealing with ancient Scotland, every single item — every stone, every tree, every structure — has a tremendous sense of history to it with layers of moss and dirt and wear from the weather. There's a certain level of detail that you need to have in order to make this kind of environment believable."

Co-director Steve Purcell admits that while they were in Scotland on business, it never really felt like work.

"It's definitely fun. We did a lot sketching and drawing, and we'd meet the local people in whatever town and

ask them what kind of folklore and stories they had," Purcell says.

"(Ardanaiseig Hotel) was one of our favourites, just because it was so colourful. The owner's son gave me a wooden cross to take to my room that night. He said, 'I hope you're very strong because you have a strong ghost.'"

That sense of folklore and mystery permeates Scotland, explains *Brave* director Mark Andrews, who was already a fan of the country after spending his honeymoon there.

"Nothing didn't have a story. Every creek and branch and thing," he says.

"We got back and (while) developing the film, we wanted that aspect in there that every character is telling a story or knows a story, or there's a story about every-

thing that's happening in *Brave*, so you get story upon story upon story upon story upon story, interwoven in the actual movie."

While clearly a big fan of Scotland, Andrews has trouble narrowing down the best places to visit.

"Well, there's Loch Maree up in the Torridons, which is phenomenal. There's a little town called Ullapool, which I know is werewolf-infested," he says.

"On the Isle of Skye, we saw the Queen of the Faeries mound. There are these strange dolomite things in this valley, and nobody lives on that side of the valley because they think it's faery-haunted."

So, we tried to do the job for him, picking the best *Brave*-inspired locations for your itinerary. See left panel for details.

3 LIFE

Spectacle

Viva Cirque du Soleil

Tickets are now on sale for the latest Cirque du Soleil show to hit the Las Vegas Strip. Members of the general public can start buying tickets Friday for the Zarkana show at Aria Resort and Casino. Tickets went on sale Monday for members of Cirque Club and M Life, and Aria preferred customers. The acrobatic show kicks off in Las Vegas in November.

THE ASSOCIATED PRESS

On the web



The Associated Press sent reporters with a tourist's itinerary in June in five cities around the world — New York, Paris, Tokyo, Dubai, and Buenos Aires. Scan the code to read about the prices and wait times they encountered.

Only
20¢
/min

CALL HOME FROM EUROPE, EVEN ON A BACKPACKER'S BUDGET.



Get our Preferred European Roaming Rates add-on free until September 30![®]
Pay one flat rate without the worry of extra fees or long distance charges.

Learn more at WINDmobile.ca

THAT'S THE POWER OF

WIND[™]

Scènes de la vie de bohème: BoBo hunting in Paris

French hipsters?

Hitting up BOurgeois BOhemian haunts might make your trip more fun

AURÉLIE
RESCH

Life@metronews.ca

Want to try something different while in Paris? Try to look out for BoBos.

BOurgeois BOhemians are people you might tag as shabby chic urban upper class. They prefer to live in a lively neighbourhood with tiny stores that will fill their appetite for expensive organic food, handmade clothes and artifacts and for a "selective social life."

They have strong opinions they won't fight for. They will not market their fortune but they will be on top of the latest gadget innovations. They are handsome, educated and they have good taste. They are a curiosity by themselves.

How do you identify a BoBo? "You ask someone if he/she is one. If they answer they're not, then you've just met one," Alexander, my city guide told me.

Where do you find them? Where it is pleasant — but expensive — to live. I stopped asking questions when we started walking in the streets of Montmartre, a well known bastion in Paris for BoBos.

Along Rue des Abbesses, small shops tempt the visitor with unique clothing and art, while culinary and fresh food stores distill deli-

cious smells.

Lacing up to the church Sacré Coeur, charming paved streets host famous restaurants such as le Moulin de la Galette — painted by Jean Renoir, notorious theatres such as Ciné 13, which produces creative and unique shows, and lovely plazas which pay tribute to celebrities.

Behind the plaza dedicated to famous French singer Dalida, who lived and died in Montmartre, BoBos will diligently play the pétanque, a game played with metallic balls very popular in southern France.

A bit further, a statue representing a man walking through a wall pays tribute to the hero of Marcel Aymé's short story le Passe Muraille and invites lovers to kiss on the bench.

My next stop for BoBo hunting will be the neighbourhood le Marais — the third arrondissement, or neighbourhood.

Le Marais is famous for its art galleries, trendy restaurants and BoBo population. Wealth is more prominent in this enclave than in Montmartre. Avid art lovers, BoBos adore le Marais with its elegant façades and its 18th century hotels.

I spend some time at beautiful Musée Picasso and in front of the Hotel Salé, a marvel from the 18th century. I pause in front of upscale boutiques and walk to le Marché des enfants rouges — the city's oldest market — to indulge in one of its many culinary boutiques and stands.

It is in Rue Mouffetard, 13th arrondissement, that BoBos pursue their quest of

"bien-être," or well-being, and experience a quality of life different from most Parisians.

Rue Mouffetard is one of the oldest streets in Paris. It is filled with unpretentious but lovely buildings with nice façades and exceptional food stores and flower shops. Each of these boutiques is a delight for the senses. Everything is beautiful, aromatic and tasty.

In Rue Mouffetard, people take time to walk, talk and laugh with merchants and pedestrians.

After a few days wandering in Paris, you might not become an artist, nor will you live in a loft apartment in one of these divine arrondissements, but you may very well be able to embrace the Parisian "joie de vivre" and know how and where to look to fill your desire for beauty and taste.

To go to Paris

Air Transat operates six weekly flights from Toronto to Paris until October 2012. Transat Holiday will help you tailor your needs for your vacation in Paris.

- Walking tour of Montmartre: discoverwalks.com
- Culinary tour of rue Mouffetard: parissweetparis.com
- Self-guided walking tours across Paris: paris48.com



Beginner BoBo-hunters may wish to start in Montmartre, Paris. AURELIE RESCH



Parisian streets teem with culinary delights. AURELIE RESCH



Believe it or not, this statue of a Marcel Aymé character is inviting kisses below. AURELIE RESCH

MIDEARTH TRAVEL

738 Bronson Ave. 224-6 Hunt Club Rd.
613-236-5226 613-236-2323
www.midearth.ca

NEW YORK CITY FUN
3-4 Days, NYC and Woodbury Outlets
Departure: June 30 and more
from **\$179**

TORONTO - NIAGARA FALLS
2 day trip, 1000 Islands Cruise,
Toronto & Niagra Falls. Weekly departures
from **\$109**

QUEBEC CITY & WHALE WATCHING
Quebec City & Montreal. Two day bus tours
from **\$119**

USA 4-DAY BUS TOUR
NYC - Washington DC - Atlantic City
Departure: June 30 and more
from **\$209**

All including Bus & Hotel

1,000 Bonus reward miles. That's the ticket.



In fact, that's enough for a short haul flight¹. Just apply for a BMO® Gold AIR MILES®† MasterCard®* by August 31st and earn 1,000 Bonus AIR MILES reward miles after your first card purchase².

Apply online at bmo.com/1000



BMO  Bank of Montreal
Making money make sense®

¹A short haul flight is a return flight with origin and destination within the same province and having a departure date during low season of Jan. 8 – Feb. 28; Apr. 1 – May 31; Sept. 16 – Dec. 15. All Rewards offered are subject to the Terms and Conditions of the AIR MILES Reward Program, are subject to change and may be withdrawn without notice. Some restrictions apply. Quantities may be limited. See www.airmiles.ca for details.
²Bonus offer is limited to new accounts and is awarded after your first BMO Gold AIR MILES MasterCard purchase. Applications must be received by August 31, 2012. Limit of one Bonus offer per Account. Complete Terms & Conditions are available at bmo.com/1000. ®Registered trade-marks of Bank of Montreal. †Trademarks of AIR MILES International Trading B.V. Used under license by LoyaltyOne, Inc. and Bank of Montreal.
®Registered trademark of MasterCard International Incorporated.

Tacos get a modern low-calorie (and Thai-influenced) makeover

If you ordered these Thai Tacos with slaw from a take-out establishment, they would come in at a hefty 800 calories. In this recipe, a serving is 400 calories, half of the fast-food variety.

Make your meal a combo with a tasty Asian Slaw.

1. Toast taco shells for 20 to 30 seconds in a toaster oven or for 1 minute in a 180 C (350 F) conventional oven.

2. In a sauté pan, lightly heat tuna. Reduce heat to low and quickly stir in half the sour

cream. Place a quarter of the tuna mixture into each taco shell. Top with lettuce, tomato and remaining sour cream. Garnish with lime wedges.

3. Asian Slaw: In a small bowl, whisk together rice wine vinegar and Dijon mustard. Slowly drizzle in sesame oil, whisking continuously. In a separate bowl, toss cabbages and carrot together. Drizzle dressing over top and garnish with sesame seeds.

THE CANADIAN PRESS/ CLOVER LEAF SEAFOODS

Ingredients

2 portions

Chili Thai Tacos

- 4 taco shells
- 3 cans (each 85 g) flaked light tuna (Spicy Thai Chili flavour)
- 60 ml (4 tbsp) sour cream, divided
- 250 ml (1 cup) shredded iceberg lettuce
- 1 tomato, diced
- 2 lime wedges, for garnish

Asian Slaw

- 30 ml (2 tbsp) rice wine vinegar
- 15 ml (1 tbsp) Dijon mustard
- 60 ml (4 tbsp) sesame oil
- 50 ml (1/4 cup) shredded red cabbage
- 50 ml (1/4 cup) shredded green cabbage
- 50 ml (1/4 cup) grated carrot
- 15 ml (1 tbsp) sesame seeds, toasted

Chili Thai Tacos



This meal serves two. THE CANADIAN PRESS/H/O

Drink of the Week

Goji Pop Sangria

There's nothing quite as refreshing as sangria during summer nights.

This Goji Pop Sangria incorporates fruity flavours for a new take on the classic drink.

- 8 David's Perfect Spoonfuls of Goji Pop
- 2 cups hot water
- 2 cups light and fruity red wine
- ½ cup Triple Sec
- 2 oranges and 2 lemons, sliced into circles

Put tea and hot water directly into a teapot or heat resistant pitcher. Let the tea infuse until cool. Leaving the tea in the mix, add wine, triple sec, lemons and oranges. Pour over ice and serve.

RECIPE AND PHOTO: DAVIDSTEAL



Veggie Option. Combine zippy flavours and veggies



Try these Mexican tacos with their vegetables and veggie ground round as a light snack or supper and be delighted with their intense flavours.

1. In a large skillet over medium-high, heat oil. Add onion, green pepper and garlic and sauté until soft,

about 5 minutes.

2. Mash ground round with fork and add to mixture in skillet. Heat through.

3. Spoon 50 ml (1/4 cup) of the filling into each taco shell. Serve with lettuce, cheese, tomatoes, refried beans and salsa separately

Ingredients

4 portions

- 5 ml (1 tsp) canola oil
- 125 ml (1/2 cup) each chopped onion and green bell pepper
- 3 cloves garlic, chopped
- 1 pkg (340 g) Mexican veggie ground round
- 12 corn tacos

- 250 ml (1 cup) shredded lettuce
- 250 ml (1 cup) grated cheddar cheese
- 250 ml (1 cup) fresh tomatoes, chopped
- 250 ml (1 cup) refried beans, heated
- 125 ml (1/2 cup) salsa

as garnishes.

THE CANADIAN PRESS/ YVES VEGGIE

CUISINE MEXICAN VEGGIE GROUND ROUND

FOR THE

LATEST IN LAUNDRY CARE

NEW in-wash scent booster

fresh
frais
frescura

freshness that stays feisty until the next wash!

add to washer before laundry

works in all machines

Use Downy® UNSTOPABLES® in addition to liquid Downy® for a fabulous softness and freshness experience.

Available at **Walmart**
Save money. Live better.

Filling those steel-toed boots

Hammering it home. Jobs in skilled trades are plentiful, but where are the applicants?

ARINA KHARLAMOVA
TalentEgg.ca

What do high school, close relatives and the overwhelming pressure from society have in common? Their ignorance of the strength, satisfaction and success that comes from a career in the skilled trades.

Skills Canada and the Canadian Apprenticeship Forum conducted an Ipsos-Reid study in 2004, which found that "60 per cent of youth reported that their parents have not encouraged them to consider a career in trades"; whether that is because their parents wanted them to be all-revered lawyers and doctors, or because skilled trades are socially associated with low caliber, high-stress jobs that earn very little and ask a lot is irrelevant.

These statistics are prevalent, even though news media is full of bursting with stories of unemployed university graduates, graduates unable to find jobs in their fields, or those that graduated into jobs they hate.

So why is university still the top choice when skilled trades — which can include construction, transportation, manufacturing, and service industries — are such lucrative careers with such an available



In the next 20 years, 40 per cent of new jobs in Canada will be in skilled trades and technologies. ISTOCK

variety of choice?

Because many Canadians are completely unaware of the benefits and opportunities that are available in skilled trades, and thus do not consider it in their decision-making.

Sarah Watts-Rynard, the Executive Director of the Canadian Apprenticeship Forum, says that, "There's a lot of misconceptions about skilled trades in our society, and good reasons for them. Over the years, every parent has always

wanted his or her child to do better: have a better career and make more money and get ahead. But, in many cases, skilled trade occupations are some of the best paid available and offer a lot of flexibility for young people. If you go and get certified in a trade, you can move to any place in Canada or the world and have a job."

A report done by the Canadian Federation of Independent Business in 2003 revealed that, of the businesses sur-

veyed, 50 per cent said that lack of qualified labour was one of their biggest problems. Fifty-six per cent of businesses claimed that it was necessary to hire someone unqualified or underqualified just to fill positions. Skilled trades are one of the most difficult industry jobs to fill, and yet they are integral to our society.

Alejandro Zambrano, a computer engineering student at Seneca and a graduate of George Brown's

Show me the money

"In many cases, skilled trade occupations are some of the best paid available and offer a lot of flexibility for young people"

Sarah Watts-Rynard
Executive Director of the Canadian Apprenticeship Forum

electromechanical engineering technician program, agrees: "If there were no skilled tradespeople, business people couldn't do anything. If there were no skilled tradespeople, houses wouldn't be built because you need builders, plumbers and electricians to build houses for realtors to sell, and for everyone else to live in."

The question about skilled trades is no longer about whether you should, but whether many other educational and career choices continue to make sense in comparison. Our country and many other countries around the world are experiencing severe recessions, which means

No easy answer

What is the "fix" to Canada's skilled trade labour shortage?

- "There is no magic answer. There are lots of solutions, one of which includes understanding skilled tradespeople who want to immigrate to Canada by making sure their credentials match Canadian standards, or by providing gap training."
- "Another important solution is by promoting apprenticeship to youth."
- "Finally, engaging communities like Aboriginal peoples, who are already living in areas where skilled trades would thrive, like mining in Northern Ontario, is paramount," Sarah Watts-Rynard says.

that our youth should be encouraged to be practical and smart about their futures.

ARINA KHARLAMOVA IS AN UNDERGRADUATE STUDENT AT YORK UNIVERSITY, WORKING ON A SPECIALIZED HONOURS BACHELOR'S DEGREE IN ENGLISH AND PROFESSIONAL WRITING.

TALENTEGG.CA IS CANADA'S LEADING JOB SITE AND CAREER RESOURCE FOR STUDENTS AND NEW GRADUATES.

Student Voice

Less money leads to more prospects?

Justin Bansal
Student, Bachelor of Management and Organizational Studies
Western University
TalentEgg.ca

Recently, something began to bug me. When I do graduate in two years, what will I have to show for it? I'll be a fresh new graduate from a popular university with a bachelor's degree, but so will everyone else! Surely we will have some work experience — summers at the local grocery store, lifeguard at the pool, waiter at a restaurant. But is that enough?

Would it be better for me to obtain work experience that reflects my career focus, my passion, and a job I'm hoping to land upon graduation? Most likely, this position will not come with compensation but even working for free would



be okay. I think your loss is that summer income of maybe \$4,000 but what you gain is solid work experience, great results, and a portfolio to show your employer after graduating.

Would an employer (say the Canadian Youth Business Foundation, who is looking for a marketing coordinator) rather hire John, graduate of York University, with some summer work experience (waiter etc.), or Jasmine, graduate of Western University, with four to eight months (two summers) of experience working in a volunteer centre as a web and e-marketing

assistant?

Jasmine would have developed a social media strategy, launched an e-marketing campaign, designed logos and graphics, and, ultimately, assisted the centre in developing a stronger online presence. She may not have been paid for her work at the centre but the employer does not know that or need to know that. All that matters is that her resumé lists this experience and proves that she would make a great candidate for the position.

Where I am now

I've been actively searching

for a job since the beginning of January 2012 without any luck. I have e-mailed professional contacts well in advance as well as completed several online applications. I e-mailed managers at banks, passed my resumé along to sales associates at stores and even used great online resources.

My recommendations for students

Do more and be more — network with everyone. Attend networking sessions at your school, talk to people in the fields you are interested in, ask questions, attend career fairs, be active on LinkedIn, and improve your skills. Back in 2010, I was selected for an internship with RBC and I believe it's because of the technical skills listed on my resumé that helped me stand out.

TALENTEGG.CA, CANADA'S LEADING JOB SITE AND ONLINE CAREER RESOURCE FOR STUDENTS AND NEW GRADUATES, WANTS TO HEAR YOUR STUDENT VOICE. SHARE IT AT TALENTEGG.CA.

Teach English Abroad Begin living a meaningful Life.....



Contact us to learn about our FREE daily teach-abroad seminars!

info@unitedtesol.com 613-562-8370



United TESOL
International College of Teacher Training

Teach in: Costa Rica, Japan, Mexico, Brazil, Kenya, Spain, Colombia, Peru, Egypt, China, Poland, etc...

unitedtesol.com

Co-workers sucking the life out of you?

Dracula at a desk.

Author Albert J. Bernstein arms readers with tools to ward off 'emotional vampires'

BRUCE WALSH

Metro World News in Philadelphia

Since the mid-90s, Dr. Albert J. Bernstein has been attempting to share wisdom from the psychology profession with everyday employees. In books like *Dinosaur Brains*, *Am I the Only Sane One Working Here?* and *Neanderthals at Work*, he navigates the seamy underbelly of office politics through the lens of a trained psychologist.

One of his most popular — *Emotional Vampires: Dealing with People Who Drain You Dry* — was re-released with added material last month. In *Vampires*, Bernstein offers strategies for dealing with known personality disorders.

"I'm trying to help people recognize these kinds of people and to

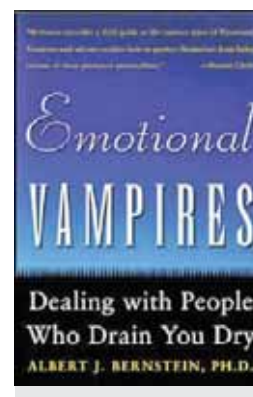


Discover the emotional garlic that can help thwart that vampire at your office. ISTOCK

understand them, so they can decide for themselves

whether they want to take them on or avoid them,"

says Bernstein. "What I'm describing, essentially,



are the things that make difficult people difficult. It's about recognizing the pattern and choosing the strategy that works best with that pattern."

For Bernstein, an emotional vampire, by definition, also holds many seductive powers.

"They're Ferraris in a world of Toyotas. We expect so much more from them," says Bernstein. "And, of course, we are always let down, because these are people who are not playing by the same rules as us."

Nightmare bosses

According to psychologist and author Albert J. Bernstein, those with two specific personality disorders often become managers:

- **The narcissist.** "There is plenty of narcissism without greatness, but no greatness without narcissism. Who would have the chutzpah to climb the ladder without it? But narcissists have very little idea of how they relate to other people. They are able to pull a curtain over one part of their personality and say, 'This doesn't matter.'"
- **The histrionic.** "They are experts at looking good, with very little substance. ... They're the people that give us the motivational rallies. They're cheerful. They look good. They're can-do. But when it comes to resolving dilemmas, they're not very good at making tough decisions. They don't want to upset anybody."

GET CAREER READY IN LESS THAN ONE YEAR!



DIPLOMA PROGRAMS IN: BUSINESS

Accounting and Payroll Administrator

- 38 wk program
- Canadian Payroll Association (CPA) endorsed
- multiple accounting employment opportunities

Paralegal

- Accredited by the Law Society of Upper Canada
- 44 wk program including 4 wk co-op work placement

Travel Counsellor Online

- study on your time, from anywhere
- CITC endorsed

DIPLOMA PROGRAMS IN: HEALTHCARE

Fitness and Health Promotion

- 40 wk program 3 wk externship
- CanFitPro preparation including
- FIS PTS NWS Certifications

Medical Office Assistant

- 30 wk program including 4 wk co-op work placement
- 9 am or 1 pm class start time

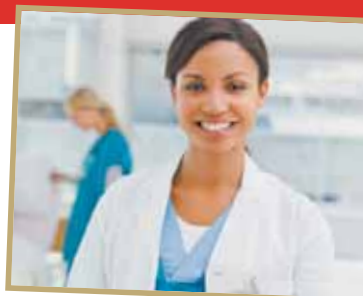
Personal Support Worker

- 27 wk program including 11 wk co-op work placement
- NACC endorsed
- Full time and part time available

Pharmacy Technician

- 40 wk program with 8 wk co-op work placement
- CCAPP accredited

CALL TODAY
Classes Starting Monthly!
613-722-7811



ALGONQUIN CAREERS ACADEMY

1830 Bank Street 613-722-7811 www.algonquinacademy.com

WE MEAN BUSINESS AT EVEREST COLLEGE



Call Now for More Information!
1-866-475-3192
www.EverestCanHelp.ca

Everest
COLLEGE

BUSINESS • TECHNOLOGY • HEALTH CARE

OTTAWA EAST • OTTAWA WEST
16 Convenient Locations in Ontario
Providing Quality Education in Ontario for More Than 40 Years

Financial assistance may be available for those who qualify. Career services assistance available to graduates. Morning and afternoon classes available. Programs and schedules vary by campus.

Diving

Despatie says he was concussed in diving incident

After initial reports Canadian diver Alexander Despatie didn't suffer a concussion in a diving accident last week, the two-time Olympic silver medalist confirmed Tuesday he did have one.

Despatie hit his head on the board last week in Madrid while training for a Grand Prix event.

He returned to Canada on the weekend where he saw a specialist who concluded he did have a concussion.

THE CANADIAN PRESS

Hockey

Russian league plans game on battleship

Russia's minor hockey league is setting sail for history.

The VHL — the farm system for the better-known KHL — is planning to play a regular-season game on a working Russian battleship in a bid to raise its profile.

"Everyone's going to know that the VHL exists," VHL spokesman Vitaly Panov told Russian news agency RIA Novosti on Monday. One of the teams to take part will be St. Petersburg's navy club, he added. **TORSTAR NEWS SERVICE**

NFL

Writers show love for Tebow

Tim Tebow has won the 2011 Good Guy Award given by the Professional Football Writers of America.

The quarterback for Denver last season and now with the New York Jets won the honour presented by the PFWA for his qualities and professional style in helping pro football writers do their jobs. He is the fifth consecutive quarterback and first member of the Broncos to win.

THE ASSOCIATED PRESS



Tim Tebow with the Jets in May. GETTY IMAGES



Senators defenceman Erik Karlsson skates up ice against the Rangers during Game 2 of their first-round series in New York. BRUCE BENNETT/GETTY IMAGES FILE

Karlsson cashes in with Sens in Vegas

NHL. But offensive defenceman knows he's upped the ante on expectations after signing big-money deal

The big prize came a day earlier than expected for Erik Karlsson.

He arrived in Las Vegas hoping to become the youngest winner of the Norris Trophy in more than two decades and ended up signing a life-changing \$45.5-million US, seven-year contract extension with the Ottawa Senators a day before the awards show was even held.

"It's a special feeling," Karlsson said Tuesday at the Wynn Las Vegas. "I'm very happy we could get it done here while everyone's here. We can talk about it and be happy. Hopefully they're as happy as I am."

The contract makes Karlsson the NHL's sixth highest-paid defenceman and comes as a big reward following a season where his 78 points were 25 more than any other blue-liner in the league. He's a finalist for

the Norris Trophy at Wednesday's awards show along with Zdeno Chara of the Boston Bruins and Shea Weber of the Nashville Predators.

With the 22-year-old Karlsson set to become a restricted free agent this summer, the Senators weighed the merits of various potential deals. Ultimately, general manager Bryan Murray decided a long-term contract was best since it will

cover a couple years where the player could have been eligible for unrestricted free agency.

"He's a cornerstone guy," said Murray. "He's a young man with a great future. I think the way he took off this year tells us that over the next number of years he will continue to improve and be a guy we can build around."

The deal came together quickly after Murray met with

Karlsson's agent Craig Ostler on Monday night. A new contract was signed by Tuesday morning.

Not only did it guarantee that Karlsson will leave Las Vegas as a winner no matter what this week, it also ensures he'll face a new level of pressure next season after becoming Ottawa's second-highest paid player behind Jason Spezza.

"It's going to be higher expectations from everyone, especially from you (media) guys," said Karlsson. "That's the way it is. It's not something that kind of snuck up on me. I know how it is and I know how it works."

"I'm going to try and play my best every night. It's all I can do. I'm not happy where I am today, I'm still trying to be a better hockey player."

Karlsson is having an off-season he'll never forget. He's scheduled to marry fiancée, Therese, on July 7.

"It's a lot of things going on this summer," said Karlsson. "It's very exciting — all good things, all positive things. I'm very happy about how the summer's going to be and how's it's been so far." **THE CANADIAN PRESS**

NHL draft

GM Murray comfortable picking at 15 in Pittsburgh

The last time the Ottawa Senators had the 15th overall pick in the NHL draft, they selected a future Norris Trophy finalist.

The Senators are back in the same slot four years later as they head into this weekend's draft and while they might not find another Erik Karlsson, general manager Bryan Murray has always shown a willingness to make

a move in order to improve his team.

"We're looking to get a good player number one," said Murray. "We think where we're picking there's someone there that will fit a need down the road. Probably not in a year, but somebody that will develop into a good NHL player."

"If there's options like making a move to pick earlier or I guess I could even be enticed to move back depending on what was offered, but very definitely we think we'll be picking at 15."

THE CANADIAN PRESS

4

SPORTS

NHL

Referendum on Coyotes deal can go forward

Voters in Glendale, Ariz., can go ahead with a referendum on a lease agreement between the city and the prospective owner of the Phoenix Coyotes after a judge invalidated one section of the ordinance. Maricopa County Superior Court Judge Dean Fink on Tuesday asked attorneys for the city and conservative watchdog group Goldwater Institute to rewrite a section of the ordinance to show that it was not passed as an emergency measure. Residents now have 30 days from the June 8 Glendale city council vote to gather signatures for a public referendum on the agreement. Fink said he will issue a ruling on Goldwater's attempt to invalidate the entire ordinance soon. Glendale's city council voted 4-2 in favour of the \$325-million lease agreement with potential Coyotes owner Greg Jamison.

THE ASSOCIATED PRESS

On the web



It's been over a year since Canadians forward Max Pacioretty suffered a broken neck on a hit from Bruins bruiser Zdeno Chara in Montreal. And with Pacioretty a Masterton Trophy nominee at Wednesday's NHL awards in Las Vegas, the Habs scorer is expecting questions regarding the incident to arise once again. Scan the code for the story.

Rooney scores winner in return from suspension

Euro 2012. England gets victory over Ukraine amidst controversy over a disallowed goal

Only one goal counted, and it belonged to Wayne Rooney.

The England striker returned from a two-match suspension to head in the lone goal Tuesday and give his team a 1-0 win over Ukraine and a spot in the European Championship quarter-finals. The co-host Ukrainians, however, will leave the tournament knowing that things could have been different.

Needing a win to advance, the Ukrainians thought they had equalized in the 62nd minute when Marko Devic's looping shot appeared to cross the line before it was hooked clear by England defender John Terry. But the goal was not awarded by the referee or his extra assistant, who was half-standing on the field only a few metres from the post.

"The goal that wasn't given really changed our plan because if it was given, I think the whole game could have looked another way," Ukraine captain Andriy Shevchenko said through an interpreter. "We tried to give Ukraine a gift but we weren't able to do it."

Although a draw still would have eliminated them, the equalizer would have given the team hope knowing that another goal would put Ukraine through to the quarter-finals.



England's John Terry clears the ball away from his goal Tuesday in Donetsk, Ukraine. MATTHIAS SCHRADER/THE ASSOCIATED PRESS

"I was sad because the ball was in the goal by one metre," Ukraine coach Oleg Blokhin said.

The controversy will likely add to the pressure on UEFA president Michel Platini to reverse his opposition to goal-line technology.

It was Rooney, however, who did manage to put his team on the scoreboard.

England captain Steven Gerrard whipped a cross into the penalty area that glanced off

Quoted

I don't want to talk about the referees, we lost the game. I don't want to put everything on the referees."

Ukraine coach Oleg Blokhin

two defenders before Ukraine goalkeeper Andriy Pyatov let it slip through his hands as he

crouched to collect the ball. Rooney was primed at the far post and made it count.

"I was always putting myself in goal-scoring opportunities," Rooney said. "I could've done better with a couple more but I got the goal and it's three points."

Rooney missed the first two Euro 2012 matches through suspension. He was sent off in the team's last qualifier in October, and received a three-match suspension that was eventually

reduced to two.

With the victory, England won Group D and will next face Italy in Kyiv on Sunday. France also advanced. Ukraine, however, will have to watch the rest of the tournament as spectators, just like co-host Poland.

At the 2010 World Cup, England midfielder Frank Lampard was denied a goal that would have levelled the match against Germany at 2-2. England ended up losing 4-1.

THE ASSOCIATED PRESS

Euro 2012

French move on despite loss to Swedes

France was outplayed, outfought and outscored, and that was against a team with nothing to play for.

With world champion Spain now waiting in the quarter-finals of the European Championship, things better improve quickly for the French to stand a chance of going any further.

France limped into the knockout round of Euro 2012 despite a 2-0 loss to Sweden in their final group game, showing just how much the team still needs to improve to be true contenders in the tournament. The French finished second in Group D and will face Spain on Saturday.

"You have to be optimistic to think that we can beat Spain, but it's hard right now to imagine that we can. We have to do better on Saturday," France coach Laurent Blanc said. "We wanted to finish top of the group but couldn't manage it, so we have to deal with that."

THE ASSOCIATED PRESS



French coach Laurent Blanc speaks on Tuesday in Kyiv, Ukraine. GETTY IMAGES

Fan violence

Russia appeals UEFA sanctions

UEFA says the Russian football association has appealed against a threatened six-point deduction during qualifying for the next European Championship because of its fans' violence at Euro 2012.

The European football body says Russia is also challenging a \$151,000 fine, imposed after fans attacked stadium stewards in Wroclaw following a game against the Czech Republic.

The UEFA charge of improper conduct also related to fans throwing fireworks on the pitch and displaying nationalist flags. UEFA says a date for the appeal has not been decided.

THE ASSOCIATED PRESS

Euro 2012. Greek players leave politics out of game

For Greece's players, politics is off limits.

The Greeks are preparing to face Germany in the quarter-finals of the European Championship, and their fans are already chanting slogans about German Chancellor Angela Merkel ahead of Friday's politically charged match in Gdansk.

"You cannot compare football and politics, it's as simple as that. It's a game," Celtic striker Georgios Samaras said Tuesday. "We'll play. We enjoy it because we love it, nothing else."

The match follows a weekend general election in Greece, dominated by the financial crisis and harsh austerity measures imposed by Germany and other euro-zone rescue lenders.

But after players were

Quoted

"We're not playing for ourselves. We play for the country, for 11-million people, who are waiting for a smile."

Greek striker Georgios Samaras to journalists asking repeated questions about the financial crisis.

repeatedly asked about the financial crisis and tension with Germany, Greek football federation spokesman Michalis Tsapdis intervened.

"If you want to write a different story (other) than football, you can write whatever you like," Tsapdis said. "But please don't ask the players about this."

THE ASSOCIATED PRESS

GRAB OUR SPECIAL
EURO 2012
SANDWICH
AND TAKE IN
THE GAMES!

Mortadella, capicollo,
salami and provolone

AVAILABLE FOR A LIMITED TIME ONLY.

DI RIENZO

GROCERY & DELI

111 Beech St. (West of Preston) 613.729.4037

GO
ITALY
GO!

MLB

AMERICAN LEAGUE

EAST DIVISION				
	W	L	Pct	GB
New York	41	25	.621	—
Baltimore	39	28	.582	2½
Tampa Bay	37	29	.561	4
Toronto	34	33	.507	7½
Boston	33	33	.500	8

CENTRAL DIVISION				
	W	L	Pct	GB
Chicago	35	32	.522	—
Cleveland	34	32	.515	½
Detroit	32	34	.485	2½
Kansas City	29	36	.446	5
Minnesota	26	39	.400	8

WEST DIVISION				
	W	L	Pct	GB
Texas	41	27	.603	—
Los Angeles	36	32	.529	5
Oakland	31	40	.463	9½
Seattle	29	40	.420	12½

Tuesday's results — Inter-League
Atlanta at N.Y. Yankees
Cincinnati at Cleveland
Minnesota at Pittsburgh
St. Louis at Detroit
Tampa Bay at Washington
Baltimore at N.Y. Mets
Miami at Boston
Kansas City at Houston
Chicago Cubs at Chicago White Sox
Toronto at Milwaukee
Seattle at Arizona
L.A. Dodgers at Oakland
San Francisco at L.A. Angels
Texas at San Diego
Monday's results — Inter-League
Milwaukee 7 **Toronto** 6
Houston 9 Kansas City 7
Arizona 7 Seattle 1
San Francisco 5 L.A. Angels 3
Texas 2 San Diego 1
N.Y. Mets 5 Baltimore 0
Chicago Cubs 12 Chicago White Sox 3
N.Y. Yankees 6 Atlanta 2
Cleveland 10 Cincinnati 9
Wednesday's games — Inter-League
Atlanta (Hanson 7-4) at N.Y. Yankees (P.Hughes 7-5), 1:05 p.m.
Kansas City (B.Chen 5-6) at Houston (Lyles 1-3), 2:05 p.m.
Toronto (Undecided) at Milwaukee (Gallardo 5-5), 2:10 p.m.
Seattle (Vargas 7-6) at Arizona (Cahill 5-5), 3:40 p.m.
Texas (Darvish 8-4) at San Diego (Bass 2-7), 6:35 p.m.
Cincinnati (Arroyo 3-4) at Cleveland (Master-son 3-6), 7:05 p.m.
Minnesota (Liriano 1-7) at Pittsburgh (Be-dard 4-7), 7:05 p.m.
St. Louis (Westbrook 5-6) at Detroit (Porcello 4-4), 7:05 p.m.
Tampa Bay (Archer 0-0) at Washington (Strasburg 8-1), 7:05 p.m.
Baltimore (Matusz 5-7) at N.Y. Mets (Gee 4-5), 7:10 p.m.
Miami (Nolasco 6-5) at Boston (Doubrent 7-3), 7:10 p.m.
Chicago Cubs (R.Wells 1-1) at Chicago White Sox (Floyd 4-7), 8:10 p.m.
L.A. Dodgers (Eovaldi 0-2) at Oakland (Milone 6-5), 10:05 p.m.
San Francisco (Vogelsong 6-2) at L.A. Angels (Weaver 6-1), 10:05 p.m.

NATIONAL LEAGUE

EAST DIVISION				
	W	L	Pct	GB
Washington	38	26	.594	—
New York	36	32	.529	4
Atlanta	35	32	.522	4½
Miami	33	33	.500	6
Philadelphia	31	37	.456	9

CENTRAL DIVISION				
	W	L	Pct	GB
Cincinnati	38	28	.576	—
Pittsburgh	34	31	.523	3½
St. Louis	34	33	.507	4½
Milwaukee	31	36	.463	7½
Houston	28	39	.418	10½
Chicago	23	44	.343	15½

WEST DIVISION				
	W	L	Pct	GB
Los Angeles	42	25	.627	—
San Francisco	38	30	.559	4½
Arizona	33	34	.493	9
Colorado	25	40	.385	16
San Diego	24	44	.353	18½

Tuesday's result
Colorado at Philadelphia
Wednesday's game
All times Eastern
Colorado (White 2-5) at Philadelphia (Blanton 6-6), 7:05 p.m.
Thursday's game
Colorado at Philadelphia, 7:05 p.m.

NL LEADERS

	G	AB	R	H	Avg.
Votto Cin	66	228	45	84	.368
McBabera SF	65	269	48	98	.364
Ruiz Phi	59	189	29	67	.354
DWright NYM	64	232	44	82	.353
CGonzalez Col	60	245	51	82	.335
Y Molina STL	61	221	29	72	.326
McCutchen Pit	62	231	35	75	.325
Altuve Hou	66	266	44	85	.320
Bourn Atl	67	285	45	90	.316
Braun Mil	63	242	44	76	.314

Runs — CGonzalez, Col, 51; McBabera, SF, 48; Pence, Phil, 46; Uggla, Atl, 46; Bourn, Atl, 45; Votto, Cin, 45; Altuve, Hou, 44; Braun, Mil, 44; DWright, NY, 44.
RBI — Ethier, LA, 55; CGonzalez, Col, 51; Bel-tran, STL, 48; Braun, Mil, 48; Bruce, Cin, 46; Votto, Cin, 45; Cuddyer, Col, 44.
Hits — McBabera, SF, 98; Bourn, Atl, 90; Al-tuve, Hou, 85; SCastro, Chi, 84; Votto, Cin, 84; CGonzalez, Col, 82; DWright, NY, 82.
Doubles — Votto, Cincinnati, 29; Cuddyer, Co-lorado, 22; DWright, NY, 22; Ethier, LA, 20; Ar-Ramirez, Mil, 19; Altuve, Hou, 18; Hart, Mil, 18; Stanton, Miami, 18.
Triples — McBabera, SF, 7; SCastro, Chi, 6; Fowler, Col, 6; Reyes, Mia, 6; OHudson, SD 5.
Home Runs — Beltran, STL, 19; Braun, Mil, 19; CGonzalez, Col, 17; Bruce, Cin, 16; Hart, Mil, 14; Stanton, Miami, 14.
Stolen Bases — Campana, Chicago, 24; DGor-don, Los Angeles, 21; Bonifacio, Miami, 20; Bourn, Atlanta, 17; SCastro, Chicago, 16; Reyes, Miami, 16; Schaffer, Houston, 16.
Pitching — Dickey, NY, 11-1; Lynn, STL, 10-2; McCain, SF, 9-2; Hamels, Phil, 9-3; Strasburg, Wash, 8-1; Capuano, LA, 8-2; Mile, Ariz, 8-3; Cueto, Cin, 8-3; GConzalez, Wash, 8-3.
Strikeouts — Dickey, NY, 103; Strasburg, Wash, 100; McCain, SF, 100; GConzalez, Wash, 97; Greinke, Mil, 95; Hamels, Phil, 92.
Saves — Kimbrel, Atl, 19; SCasilla, SF, 19; Pa-pelbon, Phil, 17; Hanrahan, Pit, 17; Myers, Hou, 16; FFrancisco, NY, 16; HBell, Mia, 14; Motte, STL, 14.
Tuesday's games not included

TENNIS

ATP-WTA

AEGON INTERNATIONAL
At Eastbourne, England
Men's Singles — First Round
Yen-hsun Lu, Taiwan, def. Julien Benneteau (5), France, 6-3, 2-6, 7-6 (4).
Andy Roddick (6), United States, def. Sam Querrey, United States, 5-2, retired.
Philipp Kohlschreiber (7), Germany, def. Go Soeda, Japan, 6-4, 7-5.
Steve Darcis, Belgium, def. Matthew Ebden, Australia, 6-2, 6-4.
Denis Istomin, Uzbekistan, def. Michael Llo-dra, France, 6-4, 6-3.

Men's Singles — Second Round
Marinko Matosevic, Australia, def. Richard Gasquet (1), France, 1-6, 7-6 (5), 7-6 (3).
Women's Singles — First Round
Tsvetana Pironkova, Bulgaria, def. Agnieszka Radwanska (1), Poland, 6-2, 6-4.
Ekaterina Makarova, Russia, def. Petra Kvitova (2), Czech Republic, 7-5, 6-4.
Christina McHale, United States, def. Caroline Wozniacki (3), Denmark, 6-1, 6-7 (7), 6-4.
Marion Bartoli (4), France, def. Sorana Cirstea, Romania, 6-2, 6-2.
Angelique Kerber (5), Germany, def. Elena Vesnina, Russia, 3-6, 6-0, 7-5.
Lucie Safarova (7), Czech Republic, def. Timea Babos, Hungary, 6-3, 3-6, 7-6 (6).
Petra Cetkovska (9), Czech Republic, def. An-drea Hlavackova, Czech Republic, 3-6, 6-2, 6-1.
Stephanie Dubois, Laval, Que. def. Carla Suarez Navarro, Spain, 6-4, 6-4.
Klara Zakopalova, Czech Republic, def. Zheng Jie, China, 6-3, 4-6, 6-3.
Laura Robson, Britain, def. Maria Jose Mar-tinez Sanchez, Spain, 3-6, 6-2, 6-2.
HBP—by Wolf (Bautista), T—2-52.
A—32,223 (41,900) at Milwaukee, Wisc.

BLUE JAYS STATISTICS

BATTERS	AB	R	H	RBI	AVG
McCoy	7	1	3	0	.429
Cooper	62	7	18	2	.290
Lawrie	250	35	72	6	.288
Encarnacion	242	37	67	18	.277
Davis	113	23	30	4	.265
Johnson	214	34	62	9	.257
Rasmus	242	32	62	13	.256
Escobar	263	37	65	4	.247
Bautista	242	43	56	20	.247
Vizquel	52	4	12	0	.231
Arencebia	200	24	43	9	.215
Gomes	38	6	8	3	.211
Francisco	34	3	7	0	.206
Mathis	51	9	10	3	.196

PITCHERS

W	L	SV	IP	SO	ERA
Mathis	0	0	0	1.0	0.00
Oliver	0	2	0	23.1	25.154
Janssen	1	1	6	25.2	2.281
Perez	2	1	0	34.2	32.286
Laffey	0	0	0	6.0	3.300
Morrow	7	4	0	77.2	67.301
Villanueva	2	0	0	31.0	32.348
Cecil	1	0	0	5.0	5.360
Coello	0	1	0	5.0	8.360
Fraser	0	1	0	24.2	31.365
Romero	7	1	0	88.1	64.428
Alvarez	3	6	0	90.0	27.430
Hutchison	5	3	0	58.2	49.460
Drabek	4	7	0	71.1	47.467
Cordero	2	4	2	27.1	21.527
Chavez	0	0	0	5.0	7.540
Santos	0	1	2	5.0	4.900

Tuesday's game not included

AL LEADERS

	G	AB	R	H	Avg.
Konerko CWS	60	220	35	79	.359
Hamilton Tex	61	233	42	77	.330
Trumbo LAA	59	216	30	69	.319
Jeter NYY	65	281	39	89	.317
Felder Det	66	248	35	78	.315

Tuesday's games not included

SOCCER

EURO 2012

FIRST ROUND
GROUP A

	GP	W	D	L	GF	GA	Pt
x-Czech Rep.	3	2	0	1	4	4	6
x-Greece	3	1	1	1	3	4	4
Russia	3	1	1	1	5	3	4
Poland	3	0	2	1	2	3	2

GROUP B

	GP	W	D	L	GF	GA	Pt
x-Germany	3	3	0	0	5	2	9
x-Portugal	3	2	0	1	5	4	6
Denmark	3	1	0	2	4	5	3
Netherlands	3	0	0	3	2	5	0

GROUP C

	GP	W	D	L	GF	GA	Pt
x-Spain	3	2	1	0	6	1	7
x-Italy	3	1	2	0	4	2	5
Croatia	3	1	1	1	4	3	4
Ireland	3	0	0	3	1	9	0

x — clinched quarter-final berth.

Monday's results
At Gdansk, Poland
Spain 1 Croatia 0
At Poznan, Poland
Italy 2 Ireland 0
GROUP D

	GP	W	D	L	GF	GA	Pt
x-England	3	2	1	0	5	3	7
x-France	3	1	1	1	3	3	4
Ukraine	3	1	0	2	2	4	3
Sweden	3	1	0	2	5	5	3

Tuesday's results
At Kiev, Ukraine
Sweden 2 France 0
At Donetsk, Ukraine
England 1 Ukraine 0
QUARTER-FINALS
Thursday's game
All times Eastern
At Warsaw, Poland
Czech Republic vs. Portugal, 2:45 p.m.
Friday's game
At Gdansk, Poland
Germany vs. Greece, 2:45 p.m.
Saturday's game
At Kiev, Ukraine
Spain vs. France, 2:45 p.m.
Sunday's game
At Donetsk, Ukraine
Italy vs. Italy, 2:45 p.m.

NBA PLAYOFFS

FIRST ROUND

(Best-of-7 series)
OKLAHOMA CITY (W2) VS. MIAMI (E2)
(Miami leads 2-1)
Tuesday's result
Oklahoma City at Miami
Thursday's game
All times Eastern
Oklahoma City at Miami, 9 p.m.
Sunday's game
x-Miami at Oklahoma City, 8 p.m.
Tuesday, June 26
x-Miami at Oklahoma City, 9 p.m.
x — if necessary.


GERVAIS

TOWING & RECOVERY • 613-747-4666

Big or Small
We Tow Them All!

24/7

24 HOURS A DAY,
WE ARE ALWAYS THERE
WHEN YOU NEED US



78
YEARS

THE **0%**
EVENT

**HURRY IN, BEFORE
THEY'RE ALL GONE.**

YOUR CHOICE

0% PURCHASE FINANCING^Ω FOR 84 MONTHS

0% LEASE FINANCING[◇] FOR 48 MONTHS

ON SELECT 2012 MAZDA3 MODELS



2012 MAZDA3 GX

Finance from	Lease from
\$95^{††} at 0% APR bi-weekly for 84 months with \$0 down	\$165[◇] at 0% APR per month for 48 months with \$995 down

All-in from **\$17,375**. Excludes HST.

2012 MAZDA3 SPORT GX

Finance from	Lease from
\$99^{††} at 0% APR bi-weekly for 84 months with \$395 down	\$170[◇] at 0% APR per month for 48 months with \$995 down

All-in from **\$18,504**. Excludes HST.

ALSO AVAILABLE WITH

SKYACTIV TECHNOLOGY

Delivering up to 1,000 km per tank of gas.*



GT model shown

2012 MAZDA5

0% PURCHASE FINANCING^Ω FOR 84 MONTHS

All-in from **\$23,995**. Excludes HST.

OFFERS END JULY 3rd OR WHILE SUPPLIES LAST.

ONLY AVAILABLE AT YOUR MAZDA DEALER.
VISIT MAZDA.CA FOR MORE DETAILS.

WHAT DO YOU DRIVE?

zoom-zoom



0% APR Purchase financing is available on new 2012 Mazda3 and 2012 Mazda5 vehicles. 84-month term available on 2012 Mazda3 GX and GT and on all 2012 Mazda5 models. Other terms vary by model. Based on a representative agreement using an offered pricing of \$25,000, the cost of borrowing for an 84-month term is \$0, monthly payment is \$297.62, total finance obligation is \$25,000. Based on a representative agreement using an offered pricing of \$26,495 for the new 2012 Mazda5 GT (E61D62AA00) with a financed amount of \$25,000, the cost of borrowing for an 84-month term is \$0, monthly payment is \$297.62, total finance obligation is \$25,000. Offers include freight, P.D.E. and fees. Offers exclude HST. ††Offer available on retail leases of new 2012 Mazda3 GX (D4XS22AA00)/2012 Mazda3 Sport GX (D4XS22AA00) with a lease APR of 0% and monthly payments of \$165/\$170 for 48/84 months. The total lease obligation is \$8,355/\$9,179, including down payment of \$995/\$995. Lease payments include freight and P.D.E. of \$1,695/\$1,695. 20,000 km per year mileage allowance applies; if exceeded, additional 8¢ per km applies. 24,000 km leases also available. Offers exclude HST. Offered leasing available to retail customers only. Leasing may not be available for all models. Lease offers vary by region and by trim level/model. See mazda.ca or your dealer for lease available vehicles. †††Financed Pricing for new 2012 Mazda3 GX (D4XS22AA00)/2012 Mazda3 Sport GX (D4XS22AA00) is \$17,375/\$18,504 financed at 0% over 84/48 months equals bi-weekly payments of \$95/\$99 with \$0/\$395 down payment, cost of borrowing is \$0/\$0 with a total obligation of \$17,375/\$18,504. Offers include freight, P.D.E. and fees. Offers exclude HST. *Based on highway driving only. Licence, insurance, taxes, down payment and other dealer charges are extra and may be required at the time of purchase. Dealer may sell/lease for less. Dealer order or trade may be necessary on certain vehicles. Lease and finance on approved credit for qualified customers only. Offers valid until July 3rd, 2012 while supplies last. Offers subject to change without notice. Visit mazda.ca or see your dealer for complete details.

Caddy's XTS steps up to the plate



ALL PHOTOS WHEELBASE

Aesthetics

Visually, the XTS comes across as much leaner and tauter than its predecessor, although its chiselled nose and tail and a high beltline are common to the Cadillac fleet. Overall, the XTS's elegant, original design clearly distinguishes it from its European counterparts.

Safety features

Like most vehicles in its class, the XTS has a laundry list of safety electronics and warnings. The Driver Awareness Package includes lane-departure warning that alerts you if an unintended lane change is imminent. As well, forward collision alert warns of a too-rapid closing speed to the vehicle in front.

2013 Cadillac XTS

- **Type.** Four-door, front-/all-wheel-drive full-size luxury sedan.
- **Engine (hp):** 3.6-litre DOHC V6 (304).
- **Mileage:** L/100 km (city/hwy): 11.5/7.5 (est., FWD).
- **Base Price (incl. destination):** \$50,600.



There are no plans for a V8 option, but a plug-in gasoline-electric hybrid is reportedly in the pipeline.

Engine

No XTS pilot will be overwhelmed by the powertrain. For now, the sole choice is a 304-horsepower 3.6-litre V6 that operates through a six-speed automatic transmission with manual shift controls. All-wheel-drive can be added to the three trim levels — Luxury, Premium and Platinum — above the base XTS.

Review. Faced with whether to keep the STS or the DTS, Cadillac did the only sensible thing: it replaced both

MALCOLM GUNN
Wheelbase Media

Cadillac is shaking up its product line in a big way and the XTS sedan literally plays the biggest part in General Motors' premium division.

For the 2013 model year, the XTS becomes the flagship of Cadillac's passenger-car fleet, replacing both the front-wheel-drive DTS and the rear-wheel-drive STS.

At the opposite end, the equally new ATS becomes Caddy's smallest and least-expensive car (the mid-range CTS stands pat).

As with the DTS, the XTS (which is arriving at dealerships now) is front-wheel-drive.

It's a platform that will also be used for the 2014 Chevrolet Impala. As big as it is, the XTS is about 14 centimetres shorter and five centimetres narrower than the DTS and is also 10 centimetres shorter between the front and rear wheels.

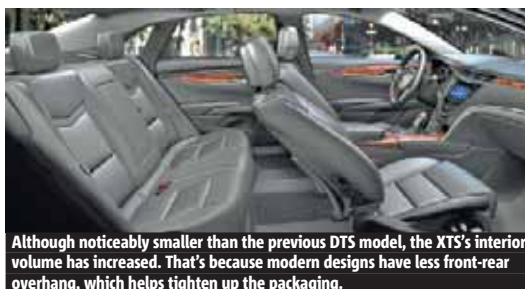
But don't let the shrinkage fool you as the revised proportions, including a shorter hood and a higher roofline, mean greater interior room. According to Cadillac's tape measure, there's more rear-seat and trunk space than a BMW 5 Series, Mercedes-Benz E-Class and an Audi A6.

Since the XTS is a Cadillac, there are almost unlimited comfort and convenience items, many of which are standard in the \$50,600 (including destination costs) base car.

That price seems reasonable given the car's cutting-edge looks and content and the fact that other premium automakers charge as much or more for their higher-end models.



The subtle integration of wood-coloured finishes, mixed with silvery pieces, is a very elegant touch.



Although noticeably smaller than the previous DTS model, the XTS's interior volume has increased. That's because modern designs have less front-rear overhang, which helps tighten up the packaging.

By comparison



1 Mercedes-Benz E-Class
Base price: \$65,500



2 Hyundai Equus
Base price: \$66,300



3 Jaguar XF
Base price: \$61,200

5 DRIVE

Top Gear

A no-spill, no-waste funnel

Funnels are great until whatever you're filling up is full, and there's still liquid in the funnel ... and then the entire contents of the funnel ends up on the ground. Proform Tools No-Mess Funnel prevents overfills with a patented ball-and-hook design that opens up the funnel spout to allow virtually any type of liquid to flow. Once maximum capacity is reached, removing the funnel instantly closes the opening, allowing leftover fluid still in the funnel to be returned to the container. Sounds amazing, but what's even more amazing is that you can purchase a No-Mess Funnel for just five bucks. The order form and descriptive video are available at proformtools.com.

WHEELBASE

On the Web



Scan code for more car reviews and news

DeltaWing loses race, wins hearts and minds

Autopilot



**AUTO
PILOT**
Mike Goetz
drive@metronews.ca

The Nissan DeltaWing definitely did not win last week-end's 24 Hours of Le Mans.

In fact, it didn't even finish — it was struck by another racer at about the six-hour mark, which forced its retirement.

Even if it would've managed to go the furthest at

the 24-hour mark, it still wouldn't have been declared the winner. That's because the sanctioning body of the race only granted the Delta Wing team the last starting spot on the grid (No. 56) — a spot traditionally reserved for a car that is not allowed to race for points, but has the intent to advance motorsports technology in some meaningful way.

So DeltaWing couldn't win and it didn't win, but it easily had the most people pulling for it, and was the biggest story of the race.

Why? Several reasons actually, and let's start with its looks.

This is definitely a case of one thing that doesn't look like the others. DeltaWing looks like a rocket laid sideways — small front, big rear. Most race cars look like they're ready to eat corners. The DeltaWing looks like it would rather not turn, thank you. So it's got some visual drama going for it, even though it seems incongruous with racing, or in fact, because of it. It looks the way it does because of its unique mission — to complete the famous endurance race using half the fuel and half the tire material of an LMP1 class Le Mans racer. DeltaWing's engineers believe this

is possible because they've designed the car to have half the aerodynamic drag and half the weight of a current LMP1 or LMP2 racer (1,000 lbs versus 2,000 lbs). This means DeltaWing can do its racing thing with a smallish engine. For Le Mans duty it was fitted with a 1.6-litre, four-cylinder engine producing 300 horsepower. This year's overall winner, the Audi V6 diesel "hybrid," had over 500 hp on tap.

During its best stint, DeltaWing was running a strong LMP2 pace and its fuel usage was on course to be half that of cars in the LMP1 class. So if you like rooting for an under-

dog, and a lot of people do, then the DeltaWing was your man.

But at the six-hour mark DeltaWing got clipped by another competitor and was forced into a concrete wall. Driver Satoshi Motoyama's post-crash actions were not typical fare. For example, he did not wave an angry finger to the driver that hit him, nor did he follow him to the paddock with the intent of punching him out, NASCAR style. Instead, he tried valiantly to repair the car roadside, as per the rules, so it could limp to the pits, where the team was allowed to help.

Now, everybody was roo-

ting for Motoyama.

He struggled tirelessly for 90 minutes, with massive support from his team, who joined him to give instructions from trackside.

In the end, however, it was just too damaged to move.

"Initially, we were completely gutted, but that feeling quickly gave way to huge sense of pride in what we have achieved," noted Darren Cox, general manager of Nissan in Europe, in a post-race press release.

Like we said earlier, it didn't win the race, but everyone involved, or rooting for it, felt something had been won.

OUR 2012s ARE LIKE YOUR SUMMER ABS. THEY'LL BE GONE BEFORE YOU KNOW IT.

LEASE PAYMENT
\$256
FOR 39 MONTHS*

2012 IMPREZA 2.0i

starting from \$22,823*

\$1,995 DOWN* **2.9%** LEASE RATE

\$750 REBATE
to eligible college and university graduates

SUBARU

Confidence in Motion

2.5i Limited Package shown

LEASE PAYMENT
\$269
FOR 39 MONTHS*

2012 LEGACY 2.5i

starting from \$25,923*

\$2,250 DOWN* **0.9%** LEASE RATE

2.5i Convenience Package shown

LEASE PAYMENT
\$369
FOR 36 MONTHS*

2012 OUTBACK 2.5i

starting from \$30,923*

\$2,495 DOWN* **0.9%** LEASE RATE

2.5XT Limited shown

LEASE PAYMENT
\$298
FOR 24 MONTHS*

2012 FORESTER 2.5X

starting from \$27,923*

\$2,495 DOWN* **0.5%** LEASE RATE

JAPANESE ENGINEERED VEHICLES STANDARD WITH SYMMETRICAL AWD

2012 RESIDUAL VALUE AWARD

ALG AWARD WINNER
Best Mainstream Brand*

Top Safety Pick: 2012 Subaru Lineup.*

Subaru is the only manufacturer with IIHS Top Safety Picks for all models, for the third year in a row.

*Ratings of "Good" are the highest rating awarded for 40-mph frontal offset, 31-mph side-impact and 20-mph rear-impact crash tests conducted by the Insurance Institute for Highway Safety (IIHS) (www.iihs.org). A "Good" rating obtained in all three crash tests plus a "Good" rating in new roof strength testing and the availability of Electronic Stability Control (ESC) (Vehicle Dynamics Control) achieves a 2012 Top Safety Pick. *Based on ALG's 2012 Residual Value Award for Best Mainstream Brand. **MSRP of \$20,895/\$25,995/\$28,995 on 2012 Impreza 2.0i 5-door (CGI BP)/Forester 2.5X (CA1 BP)/Outback 2.5i (CD1 CP). Lease rate of 2.9%/0.5%/0.9%/0.9% for 39/24/36/36 months. Monthly payment is \$256/\$298/\$269/\$369 with \$1,995/\$2,495/\$2,250/\$2,495 down payment. Option to purchase at end of lease is \$11,888/\$17,990/\$12,425/\$15,224. Advertised pricing consists of MSRP plus charges for Freight/PDI (\$1,595), Air Tax (\$100), Tire Stewardship Levy (\$29.20), OMVIC Fee (\$5), Dealer Admin (\$199). Freight/PDI charge includes a full tank of gas. Taxes, licence, registration and insurance are extra. \$0 security deposit. Models shown: 2012 Forester 2.5XT Limited (CJ2XTN). MSRP of \$35,995. 2012 Legacy 2.5i Limited Package (CA2LN). MSRP of \$32,895. Dealers may sell or lease for less or may have to order or trade. Offers applicable on approved credit at participating dealers only. Lease based on a maximum of 20,000 km per year, with excess charged at \$0.10/km. Leasing and financing programs available through Subaru Financial Services by TCCL. Other lease and finance rates and terms available; down payment or equivalent trade-in may be required. Vehicles shown solely for purposes of illustration, and may not be equipped exactly as shown. Offers available until June 30, 2012. See your local Subaru dealer for complete program details.

All prices include freight and fees. Excludes HST and licensing.



Eric Toulouse,
SALES MANAGER



SUBARU OUTAOUAIS

890 St-Joseph Blvd., Hull • (819) 777-4341 • subaruoutaouais.com

**WE ARE LOOKING
FOR USED SUBARU'S**

Auto students learn computers as well as cars

Driving Force.

Prospective automotive technicians are getting much more 'technical' these days

JIL
MCINTOSH
drive@metronews.ca

As auto innovations move ahead, the idea of technicians being merely "grease monkeys" is now firmly in the past. Students training for the trade must know as much about computers as they do about wrenches.

"It's not about 'hard parts' anymore," says Al Playter, an instructor in automotive and motorcycle programs at Toronto's Centennial College.

"We're now dealing with computerized systems that re-

quire diagnosis. In some cases we could have up to 55 or 60 onboard computers that not only process data but control the car. To successfully diagnose it requires sophisticated equipment, and the ability to interpret the data that you see."

Students in the program start with the basics in five disciplines: electronics and fuels; steering, suspension and brakes; powertrains; engines; and work practices and procedures, which includes computer skills, tools, measuring devices, air conditioning, lubricants, and bearings and seals. It takes three to five years to become a licensed technician.

The car's computers will generate fault codes when something goes wrong, and the students can plug in diagnostic tools to access them, but it seldom comes down to the car simply "telling" the stu-



Al Playter, instructor of automotive and motorcycle programs at Centennial College. PHOTOS BY JIL MCINTOSH/FOR METRO

dent what part to replace.

"The diagnostic equipment doesn't pinpoint the exact cause," Playter says.

"It will tell you that something is wrong and this is the area where you're having a problem, but everything is

integrated in the car now. If there's no fuel getting to the injectors, it doesn't necessarily mean it's a simple thing

such as a fuel pump. It could be communication from one computer to another — a broken wire, a bad connection, or a bad ground."

Playter says that electrical and fuel lessons are the toughest.

"We rate each of the courses when we're inputting marks, and the average of the other four disciplines is four to five degrees of difficulty. Electrical and fuel is 12. It's math and abstract thinking; it's not nuts and bolts."

Students also have to study hybrid vehicles, including safety when dealing with high-voltage equipment.

Despite all of the computers, though, parts still have to be replaced or fixed.

"Hammers, chisels, wrenches — we're still using them," Playter says. "That's still all part and parcel, regardless of how technical we get."

HELP WANTED

General Help

2 F/T Cooks (Thai Cuisine), min. 1 year experience. \$14/hr. Call Nom at Thai Flame Restaurant, 1902 Robertson Road Unit 104 Ottawa ON, K2H 5B8 613-862-0730

We are looking for key people to expand our financial services business in this area. Experience not necessary. We will train. For an interview call Paul Kuster 613-820-7375

Business Opportunities

Hate Commuting? Then Don't!
Learn to teach The Freedom Project online and turn 5-15 hours a week into \$1000 - 5000+ /month.
Good voice an asset.
Free training. Flexible hours.
www.toyourgoodhealth.net

AUTOMOTIVE

Cars & Trucks Wanted

!!!CASH FOR THAT CLUNKER!!!
WILL BUY UNWANTED CARS AND TRUCKS FOR SCRAP AND PARTS.
PAY CASH
Give me a call and I'll haul it away
BARRY 613-769-7940

MERCHANDISE

Public Auctions

PUBLIC AUCTION
Tuesday June 26th, 2012
St-Elias Centre
750 Ridgewood Ave.
Preview: 3:00pm Starts: 4:30pm
MICHAEL SPOONER & SON
613-722-8321
www.spoonerauctions.com

SERVICES

Financial

Need Ca\$h Today?
Loans up to \$10,000
Bad Credit? No Problem.
www.eazycash.ca
613-699-0011
Check Cashing, Car Title Loans, Money Transfers.

Mortgages

Mortgages @ low Rates- Call Us
Save Money / Reduce Debts
accessinba@gmail.com
Inba 613-801-0962 [ic-M08010746]

OWN A HOME?
Loaded with Debt? I can help! 1st, 2nd, 3rd Mortgages Re-Financing. Home Equity Loans. Debt Consolidation Loans. Bad Credit? Self-Employed? Bank said "No"? Fast approval! Quick Closing!
Steve Daigle: sdaigle@tmcc.com
(613) 863-0649 [ic1072]

HOUSEHOLD SERVICES

Trades

HOME RENOVATIONS

Kitchens & bathrooms, basements, hardwood flooring, painting, plumbing, siding, eavesdropping, general repairs.
Fully Insured & Bonded
Call anytime: **613-299-7333**

Place your ad in Metro classifieds
metroclassifieds.ca
1 800 527-6767

ANNOUNCEMENTS

Community Events

4th Canadian Quality Congress
June 27-29, 2012
Carleton University, Ottawa

A WORLD-CLASS EVENT YOU DO NOT WANT TO MISS!
Register online at: www.CanadianQualityCongress.com

Join Top-notch scholars, experts, and quality management professionals from around the world from healthcare, public sector, manufacturing and service industries.

Presented by: CANADIAN SOCIETY FOR QUALITY
SOCIÉTÉ CANADIENNE POUR LA QUALITÉ

Email: CSQ@shaw.ca
Phone/Fax (Toll-Free) 1-888-286-4473.

Read metro your money every Tuesday for financial tips, trends and advice.
Only in Metro. News worth sharing.

SELL YOUR STUFF FOR FREE in the classifieds!
Call 1-800-527-6767 to place your free ad!
Limit 2 per week • Size 1.535" X .542"

Brought
to you
by:

The Flea Market
at Rideau Carleton Raceway
EVERY SUNDAY

**FREE
ADMISSION**

613-749-0483
WWW.RCFLEAMARKET.COM
4837 Albion Rd. Ottawa Ontario K1X 1A3

• 2 year old GE Dryer \$170 • Love Seat \$50
• Couch \$200 Clean and in like new condition • Solid Pine cubby for \$100
(613)293-8749

• 4 drawer dresser Dark Brown \$75
• 3 drawer dresser \$50
• Dresser with mirror & stool \$100
613-592-3036

6 Ft Couch and Chair with Wood Trim
Pinstripe Burgandy / Beige
\$100
613-592-3036

Antique Settee
\$200.00
Coffee and end table \$25.00
(613)513-5515

Black and Decker Adjustable Work Table
Good Condition Asking
\$75 OBO
(613)744-8236

BLOW FLEX MACHINE
with extra equipment (used 5 times)
Excellent condition \$ 2000
(613)830-7737

Childs Desk
\$30.00
(613)595-1318

Clothes Dryer Kenmore / Hot Point
Heavy duty, good condition
Perfect for the summer cottage
\$80 OBO (613)744-8236

Desk Top Computer Made by TTX
Windows 98 with 15" monitor
2 speakers Asking \$200 OBO
(Connects to Dial up Only) (613)744-8236

Dining Room Set
Hutch, table and 8 chairs.
Ex. Condition Asking \$250.00
(613)909-1571

Electrical Massage Seat Portable
Used only twice.
\$150
(613)233-9601 Call after 6pm

IKEA Desk, light brown, no drawers. 5ft x 2.5ft. \$25 / 9 Drawer dresser with mirror - \$35. Or \$50 for both.
Call (613)241-4967

Living Room Set
Couch, love seat chair, coffee and end tables
Asking \$250 and will sell separate
613-909-1571

Mitsubishi Power Generator
MGE 4000
\$1800 OBO
(613)595-1318

MOVING OUT SALE!!!
Breadmaker \$60
Call (613) 560-5985

NordicTrack 130 Elliptical Trainer
Excellent Condition
\$350
(613)521-3796

RCA Color TV 27 inch
Good condition
\$100.00
(613)233-9601 Call after 6pm

Sears Air Conditioner 10,000 BTU'S
14 inch wide, 20 1/4 inch high, 23 inch long
\$200 OBO
(613)266-1972

SUMMER SCHOOL MATH HELP
BOOKS (grades 8 -12)
Please call for prices, various books
(613)741-8140

TRAVEL GOLF CLUBS AND BAG
(7 clubs)
\$20.00
613-731-0658

ULTRAMATIC adjustable bed with remote.
38 x 80 Used only 4 months
Reg \$4006 ASKING \$1000 FIRM
613-513-5515

Wanted: Bunk Beds
Wanted: Portable Dish
Washer
(613)680-5686

Wardrobe / BBQ with rotisserie / Patio shade
for trailer / needle point already done / old
lamp / sets of encyclopedias
Call 613-729-7527 for prices

White front door with casing for
house or cottage.
Approx. 76 x 36. Asking \$25.00
613-731-0658

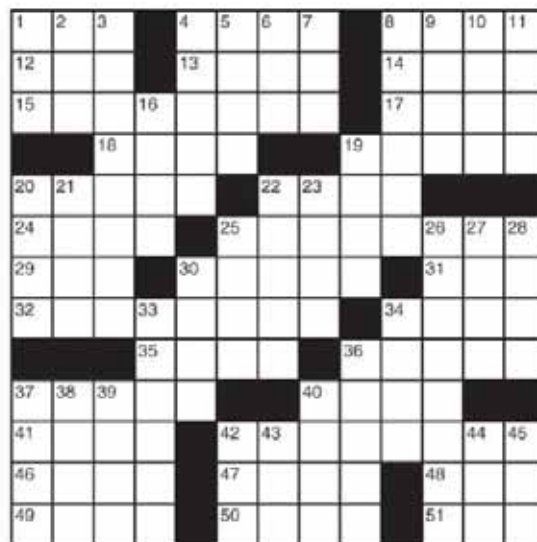
CLASSIFIEDS CUSTOMER SERVICE: 1 800 527-6767 - MONDAY TO FRIDAY 8:30 AM TO 6:00 PM (ATL) Metro requests that advertisers check their advertisement upon publication and advise Metro immediately if there are any copy errors in the advertisement as published. Metro will not be responsible for any error other than an incorrect insertion due to any act or omission of Metro. In any event Metro will only be responsible for one incorrect insertion of any particular ad. Metro's liability for any such error is limited to the amount actually paid by the Customer for a single publication of the advertisement in the space the ad is run. In no event shall Metro be liable for any non-insertion of any advertisement for any reason whatsoever. All copy is subject to the approval of the management of Metro. Metro reserves the right to classify all advertisements.

Across

- 1 Woman, slangily
- 4 Information
- 8 "— of Our Lives"
- 12 Diva's problem
- 13 Hodgepodge
- 14 Acknowledge
- 15 Script
- 17 Start of something big?
- 18 Hoodlum
- 19 English homework
- 20 Say it's OK
- 22 Recording
- 24 Dorm dweller
- 25 Fossey subjects
- 29 Slapstick missile
- 30 Invigorant
- 31 "A Chorus Line" song
- 32 In the cards
- 34 Pesky flier
- 35 Crystal gazer
- 36 Wade of baseball
- 37 Inlets
- 40 Architect — Ming Pei
- 41 Condo, e.g.
- 42 Look of sadness
- 46 H look-alikes
- 47 Advantage
- 48 Annoy
- 49 Clinton competitor
- 50 Borscht ingredient
- 51 "Catcher in the —"

Down

- 1 Solidify
- 2 Past
- 3 Spiderlike "daddy"
- 4 "Impossible!"
- 5 Joie de vivre
- 6 Triumph
- 7 Turf
- 8 Maiden
- 9 Erstwhile ova
- 10 Relaxing exercise
- 11 Convince
- 16 OK
- 19 Grand story
- 20 Shot a hole-in-one
- 21 Theater box
- 22 Photocopier need
- 23 Desertlike
- 32 Vanished
- 26 Lover of classical music
- 27 Scrambled wd.
- 28 Collections
- 30 Haberdashery rackful
- 33 Sleeping-sickness carrier
- 34 Slip-up
- 36 Sire
- 37 Prompted
- 38 Knowing about
- 39 Lab container



- 40 "Bus Stop" writer
- 42 Beirut's land (Abbr.)
- 43 Praiseful piece
- 44 Turn on the waterworks

45 Supplement, with "out"



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's Sudoku

7	2	8	3	5	1	4	6	9
6	9	3	4	2	8	1	7	5
1	5	4	9	6	7	3	8	2
2	6	1	5	9	3	8	4	7
8	4	9	7	1	8	5	2	3
3	7	5	8	4	2	9	1	6
4	1	6	2	3	5	7	9	8
5	8	2	1	7	9	6	3	4
9	3	7	6	8	4	2	5	1

Yesterday's Crossword



Cryptoquip

How to play

This is a substitution cipher where one letter stands for another. Eg: If X equals O, it will equal O throughout the puzzle.

FL CQUU-VJEXNPMR HOYPMXYX
KQY HXXM RXZZPMR FOVK
YUJCN. LJO FPRKZ YQL
AQAXNPMR PY ZQAXNPMR.
Yesterday's Cryptoquip: IF YOU'RE MUCH
MORE SPEEDY THAN ALL OTHER COMPETITORS,
ONE COULD SAY YOU'RE FASTLY SUPERIOR.
Today's Cryptoquip Clue: F equals M



For today's crossword answers and for expanded horoscopes, go to metronews.ca

Horoscope

♈ Aries | March 21 - April 20.

Minor disputes will only turn major if you allow your emotions to rule you. On the home front, you should strive to be more forgiving of weakness.

♉ Taurus | April 21 - May 21.

As the Sun moves away from the money area of your chart today, you should consider giving up on a project that has not worked out the way you intended. Don't waste more time.

♊ Gemini | May 22 - June 20.

You may find yourself lacking in energy today but that's to be expected after all the efforts you've made in recent weeks.

♋ Cancer | June 21 - July 22.

The Sun in your sign over the next four weeks will make all things possible, but don't go mad and start taking foolish risks.

♌ Leo | July 23 - Aug. 22.

A clash of opinions is likely today and you are likely to be quite aggressive in defense of your views. Is it worth it?

♍ Virgo | Aug. 23 - Sept. 22.

There is no need to be cautious and there is no need to believe rivals are out to get you. Even if they are, you have what it takes to outwit them.

♎ Libra | Sept. 23 - Oct. 22.

The Sun crosses the career angle of your chart today, helping you to impress people in positions of power. Your ideas and actions will in turn have a big influence.

♏ Scorpio | Oct. 23 - Nov. 21.

You may be conservative by nature but that does not mean you are incapable of original thought — far from it in fact. Get together with like-minded people to work on an idea.

♐ Sagittarius | Nov. 22 - Dec. 21.

It will pay you to be a bit more secretive today. There are some things that even your best friend should not know about you.

♑ Capricorn | Dec. 22 - Jan 20.

You are midway through your solar year, making this a good time to take stock of how far you have come and how far you still have to travel.

♒ Aquarius | Jan. 21 - Feb 18.

The Sun moves into the area of your chart that governs your work and your wellbeing today. Ask yourself: Am I happy with what I'm doing? Am I at my physical best?

♓ Pisces | Feb. 19 - March 20.

As the Sun begins a four-week spell in the most dynamic area of your chart, you are full of big ideas and even bigger plans. **SALLY BROMPTON**

Today

34°/23°
 Thundershowers
 40%

Thursday

34°/17°
 Thundershowers
 40%

Know what the weather will be 14 days from now.
 Check the 14 day trend.
©The Weather Network 2012



Caption Contest

"I hear Atlas is retiring, and I want to audition for his job."

Liz

SHIZUO KAMBAYASHI/THE ASSOCIATED PRESS

Win!



You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

Sharability



easy

hard

TRY IT FREE!
613.232.4444
 Other Cities 1.888.482.8282

1.800.877.4444 • 52¢/min
 Dial #CHAT(2428) /#win!
 Text "QUEST" to 36688 55¢/min
 Free trial not available on #CHAT

questchat.com

